

# PEN & PALETTE

Boca Raton Branch, National League of American Pen Women (NLAPW), Inc.

Michelle Putnik. Editor-in-Chief



#### **CHAIRS**

Cora Lee Palma-Hayden, our newly elected President, has appointed Joni Sack and Roberta Melman to be

**ART Co-Chairs** 

Michelle Putnik has been appointed

**LETTERS Chair** 

YEARBOOK/NEWSLETTER Editor

Marlene Klotz to assist Letters Chair as

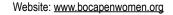
**POETRY Chair** 

Carol White is our

**PUBLICITY Chair** 

Etta Schaeffer will be our

**RAFFLES Chair** 





### **Photo Ops:**

Looks like our new President, **Cora Lee Palma-Hayden** (top R) and Treasurer, **Barbara Bixon** (top L) have some important business to discuss over breakfast at Starbucks. Thank goodness for good friends, patience and caffeine! Then there's the dynamic duo **Adrienne Lefkovitz** (bottom R)

and Louise Mirkin (bottom L). We love our darling patrons! XXOO





### **OFFICERS**

2014 - 2016

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#### PRESIDENT:

Cora Lee Palma - Hayden

(Art - Letters)

## VICE-PRESIDENT & PROGRAMS:

Elaine Bossik

(Letters)



### **SECRETARY:**

**Sheila Firestone** 

(Music)

### TREASURER:

Barbara Bixon

(Letters)

## CORRESPONDING SECRETARY:

Jo Jo Harder

(Art - Letters)

### SPOTLIGHT'S ON...



### The Heart's Eye

by Pat Wilson

I focus my eyes and
look all around me,
intently absorbed. But
do I really see the value
of all these things that be Or - only what lies on the surface superficially?

I want to zoom in
for a closer view.
My brain's engaged to see
sharper, clearer images...
But, alas, I fear for me,
it appears as cold calculation cerebrally,

Only when I enjoin
my heart, do I begin to feel.
Eyes fly open; I'm aware
of everything that's real.
"Aye," say I. "This is for me."
For without heart, no one sees truthfully.

\* Don't forget to take a moment to learn more about the:

NATIONAL LEAGUE OF AMERICAN PEN WOMEN - its website provides News, Blogs, Competitions, Grants, and so much more! It's only a click away:

http://www.nlapw.org

### FROM THE OWL'S NEST!



Cora Lee Palma- Hayden, President

Whew! It's been a sizzling summer here building a new Owl's Nest. A new era of sifting through the Pen Women archives of old yellowed documents from the 1980s, discovering more about the endeavors of our previous inspirational Boca Pen Women.

Working with my energetic assistant, new Letters member and Chair, Michelle Putnik, we've updated our bocapenwomen.com Website and enhanced the 2014-2016 Yearbook. Don't you just love the fresh charming look Editor Michelle has designed for your pleasurable reading with this Newsletter?

I've spoken with several of you ladies, enticing you to become active as Chairs and Committees. Your board and I are so grateful! (Check Yearbook for complete list.) Pat Wilson and Mary Twitty have graciously reviewed and edited our Branch By-laws.

With the onset of fall, Boca Pen Women can look forward once again to our annual October Membership Tea. This is a time we come together in camaraderie and renew acquaintances with our sisterhood. Mary Unterbrink, Adrienne Lefkovitz and I have planned a different format for this year's Tea. Held in the ballroom at the Delray Golf Club,

Thursday, October 16, it promises to be a fabulous event. (See further details in this newsletter to make your reservations.)

Our Tea's theme will be a well-deserved Tribute to Patricia Wilson, an outstanding Boca branch charter member for 37 years. Come join in the celebration of this amazing Pen Woman. I have dubbed her the "Official Boca Pen Women Encyclopedia." She is a wealth of knowledge, like our signature Owl she so adores.

Along with the celebration of Pat's accomplishments, the day will be bustling with introducing prospective members to the worth of becoming a Boca Pen Woman. I invite each of you to bring a friend ~ eligible for Art, Letters or Music.

Looking forward to a brand new era, we'll join together each month at our luncheons, held once again at the Delray Golf Club, where we'll enjoy the wonderful array of programs planned by Elaine Bossik, 1st Vice-president in charge of Programs. You'll find her lineup, along with other pertinent information regarding our Boca branch, in your new Yearbook to be distributed at the Tea - or mailed, should you not be able to attend.

I'm having a difficult time keeping our enthusiastic board members under control. (I've already had to use the gavel given to me by the previous president, Mary Twitty!) We're eager to strut our stuff, to share our ideas in hopes that you will join in our enthusiasm to present some exciting writing and poetry workshops, gifted art exhibits and inspiring outreach programs, as well as other fantastic ideas in the works. We look forward to bringing our awesome Boca branch to life in this new day.

Hoot! Hoot! Cora Lee

# PEN MEMBER NEWS Carol White



Phyllis Dolislager's article, "Ten Steps to Writing a Family Memoir," was published this month in Southern Writers Magazine. Her family memoir was "Lessons Learned on the Farm." Phyllis is also editing and formatting a manuscript for a man in McColl, SC. Title: "Insider Secrets to Coaching Little League." "Interesting project," Phyllis says.

Jo Jo Harder has been invited by the Delray Beach Public Library to present "How Dogs Make a Difference," on Saturday, October 18, 2014 at 2 PM. She will discuss this topic, introduce one of America's Top Dog Model therapy dogs, and then present her docu-reality television show "America's Top Dog Model Golden Paw Awards." The presentation will be followed by a Q & A, and book signing. About.Com pet columnist, journalist, and editor, Alissa Wolf, gave two paws up in her review of Jo Jo's book, "How to Become a Top Dog *Model*, "Book review: http:// petshops.about.com/od/Pet-Shops-Books/fl/ Book-Review-How-to-Become-a-Top-Dog-Model.htm

Elisa Eisenman, a patron of Pen Women, retired art therapist and teacher, has been inspired to pursue her passion for storytelling. Last month she was invited to perform at two assisted living communities. She told inspiring personal stories and some folktales. They sparked memories and participation. Elisa continues to appreciate how sharing stories close to our hearts helps bring us closer to one another.

**Fedora Horowitz** discussed her book, "Jaffa Beach," in July at the JCC Book Club in Boca Raton.

Carole Kaufman sold two watercolor paintings this month to private collectors. She's also been accepted into two art shows: Broward Art Guild 3280 NE32nd St. Fort Lauderdale, and the Women in the Visual Arts at the Boca Community Center at Palmetto Park Road on Boca Raton Blvd. Check out Carole's website www.carolekaufman.com

Janet S. Kleinman was interviewed by Dellani Oakes in August on her show: RFK Dellani's Tea Time on Red River Radio. The subject was How she came to write, "Flirting with Disaster When Love and Nature Collide." A podcast of the interview is available.

Lee Ravine is looking forward to pitching her new book, "Villa Paraiso," at the upcoming Writer's Digest conference in NYC. "Villa Paraiso" reveals the secrets and lies hidden inside an over 55, resort-style, gated Community. Juicy! She was getting ready to pitch it this summer at the NYC Writer's Digest

Conference. Lee Ravine's memoir, "Riding Solo: My Journey Through Love and Madeness," is available at five Palm Beach County libraries.

**Helen C. Regenstreif's** copper enamel painting, "Independence Day," was accepted at the Boca Raton Museum of Art in Mizner Park. Her work was shown in August and continues until October.

Mary Unterbrink exhibited three paintings in the Summer Break Exhibit at Sugar Sand Park. This beautiful exhibit will continue during September.

In July, Carol White discussed her new book "Sitting Pretty" at Murder on the Beach Bookstore, Delray Beach, Florida. Want the ebook? It's only \$.99. Click here for Amazon: http://tinyurl.com/m4dqpbt or click here for B&N: http://tinyurl.com/pflrxfb. Carol White's new short play premiered in July at The Jewel Box Theatre, 312 W. 36th Street, NewYorkCity. Director: Steven Strickland.

Willis Whyte sold three pieces of art in the last six weeks: 1) Laundry Day 2) Beach Relics 3) Psychedelic Spider Magnol. Willis is exhibiting at the Seacoast Artist's Gallery. Pieces were sold through the Burrough's and Chapin Art Museum in Myrtle Beach.

**Cora Lee Palma-Hayden** won "Best of Show" at Sugar Sand Park Art Show, for "*Elegant Roses*" on Victorian porcelain.

**Dayle Herstik** participated in a poetry reading at the Princeton Library in June. She read selections from her collection of poems, "When We Were Perfect."

An award for Excellency in Art Therapy was just established in **Myra Levick's** honor by senior art therapists in the field of art therapy.

In August there was a workshop by **Marta Luzim**: "To Tell is to Heal ... Every Woman

Has a Story to Tell" Women from all walks of life told their raw and gutsy stories through creative processes to heal. It was an explosive weekend where creative women shared in a community of support and acceptance.

Helen C. Regenstreif's work was accepted by the FAU Living Room Theatre. Copper enamel painting: The Kids #1 and #2. Helen's work was also accepted from May to June 19th at the Boca Raton Museum Artist Guild

**Caryl Traugott** is donating all sales receipts of her book, "*Freeze Frame*," to Wheaton College, Norton, MA.



### **OUTREACH: SHEILA FIRESTONE**

Dear Boca Raton Pen Women,

I am your Outreach Chairperson. Outreach is an important part of our 501c3 mandate as a not-for-profit organization. It is my hope that you will want to join me in paying it forward with children who love to learn, but who have few opportunities to have uniquely enriched arts experiences like those that our membership as published writers, artists and composers can offer.

Over the past few months, I have been establishing a relationship with "Family Promise of South Palm Beach County." It is an organization that works with families that are currently homeless, but in transition to become independent again. On Saturday mornings I have been working with the children of current families to provide enrichment activities and encouragement to the children in the areas of creative and critical thinking, and music. I invite you to join me on behalf of the Boca Raton Branch NLAPW in projects to enrich the children in music, arts, and writing.

Perhaps on a monthly basis we can work cooperatively, or you can do your own project with the children. Please let me know so that together, we can create a calendar and focus on particular activities that the children would enjoy. Ages range from 3 years to teens.

The program is housed in a building on the grounds of a church in Delray Beach on George Bush Boulevard. Families are housed temporarily. As might be expected, new children come and go, as the parents are able to become independent.

I thank you for considering giving your energy to help these deserving children have a uniquely enriched arts experience that, as Pen Women, we can deliver. If you would be interested in participating in this outreach program and need more information, please contact me <a href="mailto:sheilasong@mac.com">sheilasong@mac.com</a>.



GIVING A HOOT, Sheila Firestone

#### **OCTOBER**

- 1 Cora Lee Palma-Hayden
  - 3 Kathy Roper
  - 8 Barbara Wolk
  - 13 Elaine Bossik
  - 17 Dolores D-Milner
  - 30 Caryl Traugott



**BEST WISHES** to: MYRA LEVICK, she celebrated her 90th Birthday on August 20th!



The ARMORY ART CENTER will host Boca Raton Pen Women Artists ECLECTIC COLLECTIONS

a diversified mix of award winning art pieces by its members Saturday, October 18 - Monday, November 10, 2014 ARMORY ART CENTER Montgomery Hall, 1700 Parker Avenue, West Palm Beach

Opening Reception ~ Friday, October 17 ~ 6 to 8 pm

Art Co-chairs Roberta Melman and Joni Sack have been working diligently with the Armory Art Center to produce this exciting exhibit. Featured Artists will be Roberta Melman, Joni Sack, Bea Doone-Merena, Prudence Carrico, Edythe Garber, Rhoda Hollander, Carole Kaufman, Myra Levick, Cora Lee Palma-Hayden, Mimi Paris, Karen Rose and Pat Wilson.

Please support our talented sister Pen Women artists Promote it with your friends on Facebook or in emails Attend the Reception ~ Friday October 17 ~ 6 to 8 pm

You are cordially invited to

# Tea and Tribute

~ Thursday October 16, 2014 ~ one in the afternoon

Delray Golf Club, 2200 Highland Avenue, Delray Beach



Tea Time!

Time for our annual Membership Recruiting Tea.

Invite your creative Artist, Musician and Writer/Author friends to join us and learn more about becoming a member of our prestigious Boca Raton Branch of the National League of American Pen Women.

Wear your prettiest elegant Chapeau and qualify for a Prize.

This year's Tea features a ~ Tribute to Patricia Wilson ~



Pat has served the Boca Raton Branch of NLAPW as a charter member for 37 of the 39 years we have been in existence. She has a lengthy resume, faithfully serving the Pen Women in various capacities since 1977. In 1993 Pat was proclaimed Florida's Pen Woman of the Year.

A retired newspaper columnist and freelance writer, Pat has always been involved in community and church activities in the city of Boca Raton, where she resides with her husband, Richard and daughter, Jennifer.

You will discover more about this illustrious lady at the Tea and in this year's 2014-2015 Yearbook, which has been dedicated to her.

<sup>\*</sup>Reservation form on next page \*

* Cut along dotted line and mail to address given below. *
~ Tea Medley ~ Assorted Tea Sandwiches/Croissants, Scones, Mini Fruit Muffins, Strawberries with cream Assorted Pastries, Tea and Coffee served at table \$25.00 ~ Members and Guests
Tea and Tribute RESERVATION FORM - THURSDAY, OCTOBER 16, 2014  One in the afternoon ~ Delray Beach Golf Club ~ 2200 Highland Beach ~ Delray Beach
Checks payable to: Boca Raton Branch NLAPW Send to: Cora Lee Palma-Hayden, 7622 Trapani Lane, Boynton Beach FL 33472 Reservations MUST be made by Tuesday, October 7
NAME: (Please Print)Phone
GUEST'S NAME/PHONE:

Please wear your official Pen Woman NAME TAG. We will have Tags at door for Guests.

Don't forget to wear your lovely Hat to qualify for a special prize!

*Pen and Palette* is the official newsletter of the Boca Raton Branch, National League of American Pen Women, A professional organization for authors, artists, and composers. Write to: P.O. Box 1105, Boca Raton, Fl. 33429