



PEN & PALETTE

Boca Raton Branch, National League of American Pen Women (NLAPW), Inc.

Michelle Putnik, Editor-in-Chief

Website: www.bocapenwomen.org

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VICE-PRESIDENT & PROGRAMS:

Elaine Bossik

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Barbara Bixon

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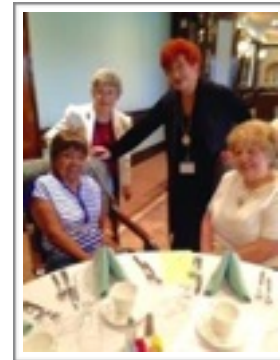
HOSPITALITY:

Justine Kuntz

PARLIMENTARIAN:

Mary Twitty

PHOTO OPS: Say "Cheese." What a luncheon!



What a great way to kick off our PEN Year... amazing food paired with talented women. This terrific event was held at the Boca Woods Country Club, courtesy of our sponsor **Sheila Zeitler**. Top L **Alexandra Goodwin, Vera Hirschhorn, Lidia Tofar, Sheila Firestone**. Top R **Mary Twitty, Pat Wilson, Barbara Bixon, guest**. Bottom L **Bunny Shulman (middle) and guests**. Bottom R **Elaine Bossik and Michelle Putnik**.

REMINDERS

If you keep your **name tag** in the car, you'll always have it with you for luncheons. Our next luncheon is **Thursday, November 19, 12:00 noon.**

Pen Divas! I need photographs, pictures of art, or samples of your writing for our Newsletters. Email them to: mjputnik@comcast.net

Be sure to "LIKE" our Facebook Page! We have 100+ LIKES! Many libraries give free courses on learning the basics of Facebook!

Here's our link:

<http://tinyurl.com/ktodd6t>

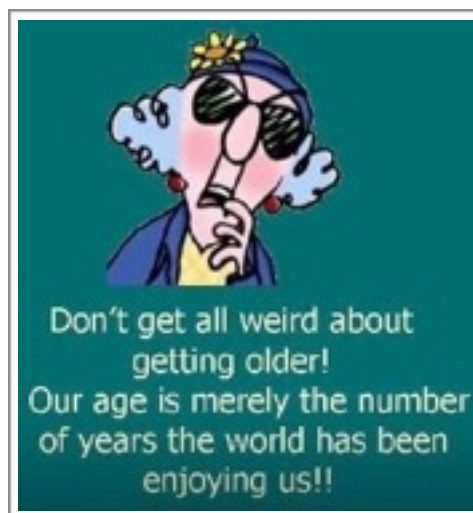
Please let Sheila Firestone know at: sheilasong@mac.com if you have changed your address, phone number or email.



NOVEMBER

2 Patricia Zirkel
4 Brenda Serotte
6 Etta Schaeffer
11 Joy Frost
14 Susana Leeds
22 Janet Kleinman
25 Marlene Klotz

BIRTHDAY FUNNY



FROM THE OWL'S NEST



Dear Boca Pen Members,

I am very excited to be sharing a summary of our events over the past year and for the year to come at the Florida State Conference beginning on November 6, in Orlando. We will have four delegates at the delegate assembly, Mary Twitty, Dr. Vivian Corll, Carol White and myself. The following is the report that I will present in a three minute timed presentation. Additionally, I am looking forward to hosting the music events and can't wait to play duets with Gail Smith, who I invited to speak and perform at the music award luncheon, and for the session to follow called "Life is a Beach." It's all about Amy Beach, who is the first well-known American female composer and Pen Woman:

Greetings to the Florida State Presidents from the BOCA RATON BRANCH OF The FL STATE NLAPW - November 2015

REPORT OF ACTIVITIES FOR 2014-15, 2015-16 Year

Total Membership this year is 60 Members. We are the second largest branch in the country.

In 2015, we awarded three Art Scholarships totaling \$2,700 from our Dori Popenoe Art Fund.

Yearly Membership Event: The 2014-15 Membership Tea with background piano music featured "The Three Hats of Pen Women," which was also a tribute to member Pat Wilson.

2015- 2016 Getting to Know You, Membership Luncheon at the lovely Boca Woods Country Club. We held a Silent Auction of member art, theater tickets and a basket of Pen member books, CD's and wine, and other sundry items. We raised \$675 for our Scholarship Achievement Award fund.

Letters: Book Talks occurred throughout the year at public libraries and special locations.

Contest: Member Essay and poetry contests with cash awards are under the direction of Michelle Putnik, and Marlene Klotz.

Poetry Workshops: This past year we have had two poetry workshops on the Poetry of Maya Angelou and the second on “Mothering.”

Upcoming workshops: “Making the Ordinary , Extraordinary,” and in February, “On Love.”

Outreach: Last summer several of our members volunteered at Family Promise working with children from families that are housed and supported till until they can become independent again. Sheila continued ad worked with the children weekly as an enrichment tutor.

All People’s Day Diversity Festival in Delray Beach 2015, 2016 Boca Pen Women Sponsored “A Wall of Peace,” hands-on activity. Attendees were provided with materials and assisted in writing poems and thoughts about peace. Calligraphy pens and special dove bordered paper created a lovely visual display of participant work. Pen Women brochures were given out telling about our organization to prospective members.

Holiday party at the Milagro Teen Center in Delray Beach, December 18, 2016. We will provide food, gifts, holiday writing journals with Writing Memoirs and music activities.

Art: Participation in the Armory Art Show in Palm Beach October 2014.
Juried Art Show March 14, 2015 - Parkland Library with prizes awarded for best of the show. Sheila Firestone played original music during the reception.

2015-16 Sugar Sand Park Juried art show and The Milagro Art Center Show under the direction of Lidia Tohar.

Live music performed at Annual Membership Tea, in 2014 and 15, at our Artful Extravaganza, the Art reception and the Scholarship Luncheon by President Sheila Firestone

Newsletter: (Editor-in-Chief, Michelle Putnik) Monthly Publication distributed on line.

Web Site: Contains all current events and information.

Facebook Page: Contains pictures of recent events.

Monthly Boca Raton NLAPW Pen Member News: (Publicity, Carol White) announcement of member achievements and awards.

Advertising in the Rickie Report, Coastal Star and Pineapple Newspapers.

Calendar of Monthly Luncheons: Dr. Larthenia Howard: Author, certified trainer, motivational speaker, and leadership coach will share her prescription for success.

Gail Smith: Pianist, composer/arranger, music educator, and NLAPW member will present a holiday music program – Holidays Around the World.

Dr. Ellen Kamhi: Board certified holistic nurse, medical school instructor, radio show host and author of many books on health, Dr. Kamhi will speak about lifestyle strategies that keep you fit, energetic and healthy.

www.naturalnurse.com

February 18, 2016: Dr. Caren Neile: Affiliate professor at FAU, specializing in storytelling studies, author, and radio co-host of The Public Storyteller on WLRN will share her knowledge of storytelling.

March 17, 2016: Lydia Tohar: International multi-media artist, art teacher, owner of Studio 101 Gallery in Delray Beach and Boca Raton. NLAPW member will speak about her art career and exhibit some of her outstanding creations.

www.LidiaTohar.com

April 21, 2016: Lynn University Drama Department will present a musical cabaret, directed by Drama Chairman, Harry Murphy.

May 19, 2016: Installation of New Officers & Fashion Show by Patchington of Delray Beach.

Respectfully Submitted

Sheila Firestone, President, Boca Raton Branch

Officers President: Sheila Firestone,

1st Vice President Elaine Bossik – Programs

2nd Vice President Membership, Dayle Herstik, (Mary Twitty)

3rd Vice President Etta Schaeffer Fundraising

Treasurer: Barbara Bixon

Recording Secretary, Publicity, Social Networking and Pen Member News:**Carol White****Corresponding Secretary: Jo Jo Harder****Parliamentarian: Mary Twitty****Chairpersons:****Art Chair: Roberta Melman, Joni Sack retired, 2016 Chair, Lidia Tohar.****Letters Chair, Newsletter, and Web Site Coordination: Michelle Putnik****Poetry: Marlene Klotz****Music and Outreach Chair; Sheila Firestone****Hospitality: Justine Kuntz****Historian: Mary Unterbrink**

As you can see much is being planned for our programs this year, thanks to our wonderfully supportive board and your input. At our opening luncheon membership drive, in a newly refurbished room of the beautiful Boca Woods Country Club, we raised a wonderful sum of \$675.00 through our Silent Auction and thanks to our kind artists and our honorary member who provided us with theatre tickets and tickets to play readings. A wonderful basket of books, tickets, a manicure, a facial or massage, wine and other goodies was designed by Michelle Putnik. There are yet to be surprises in our programming to be announced and approved.

I look forward to seeing many of you at the luncheon in November. Our board meetings have been changed to the second Thursday of the month, 1:00 PM, at the Glades Avenue Library. Should you ever desire to join us and see the work behind the scenes for the benefit of our women, please let me know.

Sincerely,



Sheila Firestone, President



BOCA BRANCH NEWS
by Carol White, Publicity Chair

2014-16 Board of Directors



(L-R) Etta Schaeffer, Mary Twitty, Elaine Bossik, Jo Jo Harder, Sheila Firestone, Carol White, Barbara Bixon



Our fantastic art auction featured original work donated by:

- Bea Doone-Merena
- Carole Kaufman
- Roberta Melman
- Lidia Tohar

(Outdoor sculpture donated by: Lea Hope Becker)



Lidia Tohar (Art Chair) and Marlene Klotz (Poetry Chair)

Lidia and Marlene organized the Art Auction for our Membership Luncheon. Lidia is also planning member art shows while Marlene will be holding two poetry workshops. Schedule for the next poetry workshops:

1. Wednesday, December 9, 2015
"Writing poems that transform the ordinary into the extraordinary"
2. Wednesday, February 10, 2016
Valentine's Day Theme:
"It's All About Love"

Locations to be announced at a later date



Barbara Bixon's short story "Antiques and Curiosities" has been published in writingraw.com magazine September issue. Barbara's delighted to say that "The Toilet Seat," a hilarious new story, will be published in writingraw.com October issue. Be sure to check it out online to have a few laughs.



Bea Doone-Merena is a featured artist at the P.B.Co.Solo Exhibit Cultural Council

Read the article here: <http://tinyurl.com/oyorw8l>

Sheila Firestone's DVD musical production Third World E-Waste Graveyards, and a choral piece, Ocean Transformation will be included on the website SolarNation.com

Sheila is pleased to announce that she has earned 2nd Place in the National NLAPW Vinnie Ream 2016 Music Award for her Choral piece Waters of Transformation.

Jo Jo Harder and her company America's Top Dog Model ® received write-ups in the October issue of *Neighborhood News/BoyntonBeach/Lake Worth edition*:

<http://go.epublish4me.com/ebook/ebook?id=10085832#/32>; October *Atlantic Avenue Magazine* (page 18.)

<http://www.atlanticavemagazine.com/past-issues/2015/october-2015>; and the October issue of *Coastal Star Magazine*: <http://thecoastalstar.ning.com/profiles/blogs/paws-up-for-pets-pbia-pet-relief-patches-flying-hounds-can-now-he>

On October 7th at 10:00 a.m. **Fedora Horowitz** was the featured author at the National Council of Jewish women, Valencia Pointe. On October 14th she discussed her novel *Jaffa Beach* at Cascades Lakes Community. On November 13th at 2:00 p.m. she will discuss *Jaffa Beach* at Jupiter Public Library; November 18th at 10:00 a.m. at Villa Borghese, and November 19th at 1:30 p.m. at Anshei Shalom.

“Good-Bye Russia, Hello America,” a new novel by **Janet S. Kleinman**, is now available from B&N and Amazon. It is the story of immigrants who come to the U.S. in 1923, find jobs, romance and prosperity until the depression followed by WWII changes their lives forever. Jack, now a soldier; searches for the brother who did not come to America with them amidst the horrors of the concentration camps finally abandoned by the Germans.

Marlene Klotz's story, "Chance Meeting," is the first Flash Fiction story that NLAPW has posted for October. Although the writing contains just one hundred words, the "gotcha" punch line at the end of the story is good for a laugh.

Carol White's short play, “Hail Kale,” is included in the Pigs Do Fly production. Tickets are \$30. Discounts available at Goldstar: <http://www.goldstar.com/events/ft-lauderdale-fl/flying-high-tickets?mal=1> Read all about the production here: <http://bit.ly/1LbrlPu>

Barbara M. Wolk, while attending the September meeting of The National League of American Pen Women in Laguna Woods Village, Ca., spoke about her experience and reflections of being a part of this literary/artistic community. She also shared her story, “An Act of Kindness,” at the September Storytelling Club. Now, back in Boca, she looks forward to moderating two new movie classes at the UFT (United Federation of Teachers) in Documentaries and Foreign Films, which begin in October.

Learn to Profit From Your Creative Work

Dr. Larthenia Howard – Dr. Empowerment Thursday, November 19, 2015 12:00 Noon

Reaching the right audience for your creative work can be challenging. Dr. Larthenia Howard, known as Dr. Empowerment, takes the mystery out of marketing with her “know how.” She will share her techniques for creating a strategic marketing plan that includes targeted campaigns and marketing tools that have proven profitable. Learn the crucial elements for success from a well-known expert.



Dr. Howard is founder of The Stimuknowlogy Institute and holds a doctorate degree in organizational leadership. She is the author of several books, workbooks, and audio programs, and the recipient of the Editor's Choice Award and the Publisher's Choice Award for her book, *Challenging Mediocrity*. As a certified emotional intelligence facilitator, trainer, speaker, conscious leadership coach and neurotherapist, Dr. Howard trains individuals and organizations throughout the country.

Join the Boca Raton Pen Women for a delicious luncheon and a motivational program.

www.bocapenwomen.org

Delray Beach Golf Club – 2200 Highland Ave. – Delray Beach
561/243-7385 for Directions

GO TO NEXT PAGE TO REGISTER FOR LUNCHEON ———>>>>

BOCA RATON BRANCH NATIONAL LEAGUE OF AMERICAN PEN WOMEN

www.bocapenwomen.org

Non-members: \$30 ~ Members: \$25
Gluten Free: Non-Members: \$33 ~ Members \$28

Checks payable to: Boca Raton Branch NLAPW

Barbara Bixon must receive your checks no later than November 4, 2015

Send to: Barbara Bixon, 9674 Harbour Lake Circle, Boynton Beach FL 33437

Email Elaine Bossik for more information: elainebossik@yahoo.com

Luncheon Menu: Please circle your choice of entrée and dessert

NAME: (Print)

_____ Email _____

GUEST: _____ Email _____

GUEST'S MENU: CHOICES of entree & dessert :

GUESTS: How did you hear about us ?

- (1) Hot Open-Faced Turkey Sandwich – Fresh turkey breast on white bread, served with brown gravy on the side, herb roasted potatoes and sauteed string beans.
- (2) Poached Fillet of Salmon – Court bouillon poached salmon with creamy lemon dill sauce on the side, herb roasted potatoes and sauteed string beans.
- (3) Delray Trio Salad – Albacore tuna, egg salad and chicken salad on a bed of mixed greens with tomatoes, cucumbers, red onion, black olives and alfalfa sprouts.

Dessert Choice: (4) Apple Pie or (5) Fruit Cup

DEADLINE FOR RECEIPT OF CHECKS: November 4, 2015

Venue: Delray Beach Golf Club, 2200 Highland Ave, Delray Beach (561/243-7385 for directions)

