

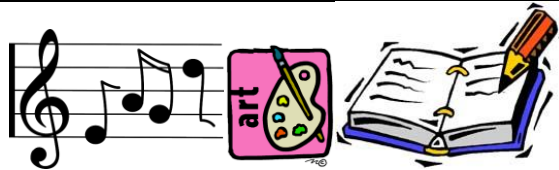
Pen and Palette

Boca Raton NLAPW December 2016/January 2017

www.bocapenwomen.org



MUSIC...ART...LETTERS



In the Loop: Your Board at Work

Dear Members,

We have much to celebrate as our group continues to grow. Our luncheon speakers are stimulating and offer great inspiration. Please plan to attend all.

We look forward to a wonderful time with the teens at the Milagro Center on December 16th. The Fresh Market is providing several platters of sandwiches, fruit, cheese and cookies. We will supplement this with additional sandwiches and goodies. The students will enjoy a drumming circle, dancing, a Kazoo holiday sing-along, and Ted Talks being presented by the teens. We are giving gifts to all of the children including Sharpies in pouches, a 2017 Top Dog Model Calendar, and Gift Cards to Target for the Ted Talk Presenters.

We will be receiving additional funds toward our Achievement Awards from a Courtesy Luncheon sponsored and hosted by jewelry designer, Dawn De Marco, and our own Art Chair, Barb Capeletti. Please save the date: Your invitation for the February 18, 2017 event will follow and reservations are necessary.

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Details about our Boca Pen Women Spring Festival and juried art show on Saturday, March 4, 2017 at the Center for Spiritual Living will soon be announced. There are several rooms that we are scheduling for children, art, conferencing, and the sanctuary area. Refreshments and sales will be in the reception room. It will be a day of workshops for adults and children, beginning at 9:00 a.m. with a juried art show and breakfast reception.

### **Some Activities:**

- Storytelling hour on the sanctuary stage, led by Etta Schaeffer and Elisa Eisenman. (Story tellers must sign up in advance.)

- Children interact and enact “The Peace Patch,” an original children’s ballet by Sheila Firestone. (Must sign up for the experience.) With props and costume pieces. Limit 15 children per time slot.
- Flowers in the Garden: an art activity based on participation in the Peace Patch, led by Sheila Firestone and Dr. Myra Levick
- Poetry Workshop for Adults led by Vera Hirschorn
- Poetry Workshop for Children led by Marlene Klotz
- Workshop on Polishing Your Work for Publication led by Barbara Bixon./A.R. Alan
- Writers Panel to present readings and a discussion about their award winning works. (Main Sanctuary)
- Transforming Oneself based on the book, "The Four Agreements,” a workshop by Dr. Barbara Lunde
- Opportunities to sell our books, art and music.
- Ongoing watercolor demonstration by Ruth Koster

In reaching out to the community in this way, we will make the Boca Raton NLAPW known locally, as well as provide a venue to share our work and creative projects. Let me know if you have a special project that you would like to present or develop. This day is our gift to the community. Happy Creating!

Sincerely,  
*Sheila Firestone, President*  
 Music and Outreach Chair  
 (561) 391-3610  
 sheilasong@mac.com

### Poetry Selfie!



(L-R) Marlene Klotz, Sheila Firestone, Etta Schaeffer, Vera Ripp-Hirschhorn, Lea Hope Becker  
 Participants at our Heart-to Heart Stories in Poetry Workshop

In honor of Sheila Firestone, president of our branch, Vera Ripp Hirschhorn, Poetry Chair, invited members and patrons to her home for the first workshop of the season on poetry and

music. Participants were asked to create poetry as they listened to two of Sheila's original compositions, "The River of Grass, Rhapsody No. 1" and "The Hearing Forest and Seeing Field." Members were not told the titles of the pieces until the very end.

Corridor by Lea Hope Becker  
A New York Moment by Marlene Klotz  
The call to joy by Etta Schaeffer  
The Sun Glows by Vera Ripp Hirschhorn  
Listen by Sheila Firestone

**Jo Jo Harder** and her company America's Top Dog Model have received great write-ups in the *Palm Beach Daily News*, *Atlantic Avenue Magazine*, and *The Boca Newspaper* regarding their "Meet the Paw-liticians" event in Palm Beach to benefit Share-A-Pet:

<http://www.americastopdogmodel.com/press.htm>. Those Boca Pen Women who were unable to attend "Meet the Paw-liticians" can now view a condensed version of this fabulous 2-day event on YouTube: <https://youtu.be/7ALUJNRIDZo>

**Rhoda Hollander and Joni Sack** will present their Art Exhibit "Refresh your Walls" from December 5th to January 31st at Patch Reef Park Community Center, 2000 West Yamato Road, Boca Raton. Hours: M-F 8 a.m. to 11 p.m., Saturday 8 a.m. to 5 p.m., Sunday 10 a.m. to 5 p.m. Free admission. Prices of art on request.

**Marlene Klotz** will participate in the PBPF Annual Alzheimer's Holiday Poetry Reading at Brighton Gardens in Boca Raton, on Wednesday, December 14. Marlene joins Blaise Allen each year to entertain the residents with a combination of music and poetry.

**Meryl Davids Landau** recently published her new book, *Enlightened Parenting: A Mom Reflects on Living Spiritually With Kids*. This is her second book. Check it out on Amazon <http://amzn.to/2gZC7GS>

**Willis-Whyte** recently received an Honorable Mention Award for her photographic work titled "The Long Hall at Trinity College" from the Seacoast Artists Guild. The piece is now on display at the Seacoast Artists Gallery in The Market Common, Myrtle Beach, SC. In addition, another of her photographs titled "Undulation" was awarded Third Place in the Oak Island Artist Guild Fall Show.

### **Publishing Workshop for NLAPW Authors:**

Alexandra Goodwin and I will be setting up a workshop with Penelope Love (prospective NLAPW member) for a discussion on the range of "independent" and "traditional" options in the publishing industry today, based on her experience of creating a new publishing company that combines the best aspects of both. You will learn exactly how Penelope (formerly with HCI, *Chicken Soup for the Soul*) goes the extra mile for her clients with personalized attention, while she explains the nuanced differences in what an author receives from working with her rather than CreateSpace or a POD company. Time and place will be finalized, but the workshop will

most likely be on a Sunday in January/February. We have room for eight writers, so if you have a manuscript in the works, this would be a good opportunity for you to sit in on this discussion. **Please reply to me if you have an interest in this free workshop and I will send the particulars soon.**

Carol White, [polowhite@aol.com](mailto:polowhite@aol.com)



Parkland Book Talk – November 20, 2016 with Marlene Klotz, Alexandra Goodwin, Carol White and Janet Kleinman



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Members and Guests enjoyed speaker, John Bowen, at our November 17, 2016 Luncheon.



Luncheon and Speaker Program
Meet Dr. Larthenia Howard – Dr. Empowerment
Thursday, January 19, 2017 11:30 A.M.

Delray Beach Golf Club – 2200 Highland Ave. – Delray Beach
561-243-7385 for Directions

Learn strategies that will help you live up to your potential from an expert in organizational and motivational techniques. Dr. Howard has been inspiring and training individuals and organizations throughout the country to succeed, excel, and reach the right audience for their creative work.

CLIP COUPON AND RETURN WITH YOUR CHECK

Members: \$27 – Guests: \$32

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Bossik, 7722 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Bossik for more information: elainebossik@yahoo.com

Luncheon Menu

Delray Deli Buffet – Tossed salad with fresh vegetables, sliced roast beef, baked ham, Genoa salami, corned beef and roast turkey breast; red jacket potato salad; cabbage slaw, green leaf lettuce, sliced tomato and red onion; condiments, assorted fresh breads and rolls. **Dessert:** Apple pie and chocolate cake.

NAME: (Print) _____ Email _____

GUEST: (Print) _____ Email _____

GUESTS: How did you hear about us? _____

DEADLINE FOR RECEIPT OF CHECKS: January 9, 2017

Note: We cannot accept checks after the deadline.