

**Pen and Palette**  
Boca Raton NLAPW  
[www.bocapenwomen.org](http://www.bocapenwomen.org)  
August/September 2021



**MUSIC...ART...LETTERS**



Facebook Page: <http://tinyurl.com/hen8b4o>

***In the Loop: Your Board at Work***

To Members,

Please be sure to read the entire Pen and Palette for all the exciting information and upcoming events!

Our opening luncheon will be here before you know it, and the board is hard at work making sure everything goes smoothly. We are looking forward to seeing old friends and meeting new members. You'll be able to send in your check beginning September 1, 2021.

Enjoy the rest of your summer.

Dayle Herstik  
Co-President

**Please check out our flyer for the upcoming opening luncheon  
See Page 7 for donation details and Page 8 for the flyer**

**CHAPLAIN'S CORNER**  
**With Dr. Barbara Lunde**

Your life is full of opportunities. You can be what you want to be. You can live the life you want to live. You can change, you can grow, create, modify, expand, progress, and go forward.

You have the opportunity to excel by recognizing your infinite potential. To make a change you have to start right where you are. The time to start is now.

Opportunities abound in your life but very often they are disguised as problems. However, every problem has a gift. When we look realistically at life, we find all situations are opportunities to discover more about ourselves. Everything we encounter in life has something to teach us. We discover every problem can be solved and every goal can be reached. It all depends on how we think about them. If you think you can or if you think you can't, you are right.

We always have the opportunity to change our mind and see the positive side of things. We have the opportunity to give up being judgmental and to invest more of ourselves in understanding, forgiveness and love, or we have the opportunity to give up trying to reform others and instead accept them as they are.

Loud neighbors, bill collectors and crazy relatives are part of life. It's all an opportunity to see that we can relax and accept people in a good-natured, loving way. It's an opportunity to discover that we don't have to be aggravated. We find we can be free in our life when we are free in our mind. The very fact that we have the ability of changing how we view any situation is an opportunity for peace over turmoil or harmony over confusion.

Right now, you have the opportunity to let go of the past and be awake, aware and alive in the moment. You have the opportunity to discover new talents, new wisdom and new strengths within yourself.

Today you have the opportunity to share, to serve, to express love, show appreciation, and open awareness of communication.

Today you have a golden opportunity to open the door of your mind and to soar and be new and be all that you can be.



## ART EXHIBIT

Art co-chairs Fran Goodman (not pictured) and Phyllis Erlich shared a booth at the "Summer in the City," a two-day indoor art show at the Big Apple Shopping Bazaar on July 27<sup>th</sup> – 18<sup>th</sup>.



Pen Women Phyllis Elrich, Elaine Bossik, Elaine Hutt



Fran Goodman's extraordinary artwork



A beautiful Seascape by Phyllis Elrich



Phyllis Elrich



**Opening Pen Women Luncheon**

Thursday, October 28, 2021 - 11:30 a.m. Indian Spring Country Club  
11501 El Clair Ranch Rd, Boynton Beach, FL 33437

**Monthly Luncheon Meetings**

Delray Golf Club

2200 Highland Ave unit a, Delray Beach, FL 33445

For Directions: (561) 243-7380

December 15	Wednesday	2021
January 19	Wednesday	2022
February 16	Wednesday	2022
March 30	Wednesday	2022
April 27	Wednesday	2022

## MEMBER NEWS

### **Cleaning Out My Office**

A poem by Lea Hope Becker

I should have cleaned out my stuff years ago  
But I got older and what did I know?  
That one day the stuff I had stored way up high  
Was so hard to get down I'd probably die

The papers I tossed out were once my gold gems  
Like those plants I once planted were now only stems  
But each group of papers had large paper clips  
Some toil brings good news, like high hills have dips!

So I kept the paper clips and old pens that work  
Like old folks keep coffee makers that perk  
If paper clips were bankable, how well would I fare?  
At a dollar a clip I'd be a multi-millionaire!

.....

**Jo Jo Harder** was invited to serve as guest Editor-in-Chief of *Bronze Magazine* August issue, which shines bright with cover star Tonya Lewis Lee, as we celebrate National Wellness Month. Jo Jo had the pleasure of interviewing the mother, wife, producer, author, entrepreneur, health advocate and founder of Movita Vitamins, for this powerful issue! Click link to read about Tonya Lewis Lee's incredible journey: <https://bit.ly/3C4Qcft>. Also included in this issue, Jo Jo's story "Sowing Seeds of Change: America's Female Horticulturists," and much more.

*Atlantic Avenue Magazine* July issue published a story about "America's Top Dog Model Book of Fairy Tails," a compilation of stories by America's Top Dog Model 2020 Contest winners that takes readers on an adventurous romp through beautiful gardens, scary forests, and enchanted castles. [Atlantic Ave 07-21.pdf \(americastopdogmodel.com\)](#). The book is published by TriMark Press. The first print is nearly sold out!

*Pet Products News International* features the current America's Top Dog Model 2021 Contest winner ([www.americastopdogmodel.com](http://www.americastopdogmodel.com)), and shares information about Jo Jo's company. [PPN July-2021.pdf \(americastopdogmodel.com\)](#)

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## **Lest We Forget**

A poem by Mimi Paris

Florida – November – 2020 – “ghost towns” abide  
No end to tragedy in sight  
I was outside  
Few people on the street  
Few cars pass by  
Few voices are heard.

Sun shines over the sunshine state  
Palm trees sway  
A dog walks by on a leash  
Pulling his master along  
A voice is heard: "Rocky, stop it!"

Birds chirp loudly  
Rocky must have stopped it  
It's the year Covid-19 has struck towns,  
villages, cities all over the world  
US reports over 200,000 new cases and climbing  
Not yet declared a pandemic.

An ambulance siren sounds  
"Rocky, stop it!" is heard again  
The dog walker is still around  
Ambulance siren is louder  
Another victim  
Another day in what was paradise.



**Marlene Smith's** poem, *Tomorrow*, was written to honor a friend's daughter, Makala, age 6. She asked her dad if she could play in the new pool. It was bedtime and he told her tomorrow she could play in the pool. The next day, she asked her dad, "Is today tomorrow?"

## **Tomorrow**

By Marlene Smith

Dad, is tomorrow today?  
She said in a way,  
With her cute, little smile,  
That lights up a mile.

With a serious smirk,  
a quick little quirk,  
eyes opening wide,  
scanning side to side.

She started to play,  
when I heard her say,  
in that soft, sweet tone  
looking at me all alone.

Dad, is tomorrow today?  
No fears, no sorrow,  
so precious the time  
to love you so fine.

For today is tomorrow, my sweet child of mine ...



## Opening Luncheon Donation Guidelines

October 28, 2021

We plan on having an Art Auction, Book/Music Sale and Raffle Table for this event. In years past, our artists have donated a piece or two of their work, and we hold a silent auction. **Please contact Fran Goodman and/or Phyllis Erlich if you would like to donate your work.**

[phynlady2@aol.com](mailto:phynlady2@aol.com)  
[fran.goodman7@gmail.com](mailto:fran.goodman7@gmail.com)



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For our Book/Music Sale, we'd like to ask our writers to donate a book or two; and all books will be priced at \$10.00, with the exception of slim poetry books, which will be \$5.00. As Letters Chair, I am asking for a volunteer to handle the book table. Please email me if you plan to donate a book [polowhite@aol.com](mailto:polowhite@aol.com)

Sheila Firestone is our Music Chair so please contact her if you have something to donate. Sheila will affix a price on CDs, etc., and will share the book table.

[sheilasong@me.com](mailto:sheilasong@me.com)



We are collecting raffles, and this will be done as a Chinese Auction, meaning that attendees will buy as many raffle tickets as they like and drop them into the bag in front of the prize they want.

Raffle tickets will cost: One for \$5.00. Three for \$10.00. Eight for \$20.00

Please contact me if you have items to donate. Do you have a few volunteers to help sell raffle tickets? Can you provide a basket to hold the tickets and change?

Carol White [polowhite@aol.com](mailto:polowhite@aol.com)



Please see next page for the luncheon flyer



## 2021 Boca Raton Pen Women Opening-Welcome Luncheon

Thursday, October 28, 2021 – 11:30 A.M.



**Indian Spring Country Club – 11501 EL Clair Ranch Rd – Boynton Beach, FL 3437**

**Members: \$30 – Non-members: \$35**

The Boca Raton Branch National League of American Pen Women (NLAPW) is hosting an opening-welcome luncheon at the Indian Spring Country Club on October 28, 2021. We'll be kicking off our new 2021 - 2022 season of luncheon programs and special events.

Join us and learn how the Boca Raton Pen Women can enrich your life with art, music, books, poetry, drama, and much more. If you are a writer, artist, composer, allied arts professional or patron/arts lover, you'll find inspiring programs and warm and welcoming new friends.

Opportunities to present your creative work in public forums are arranged by our Art, Letters and Music Committees. You'll network with our creative members and expand your reach in the local community. You can participate in writing and art workshops, book talks, art exhibits, and national webinars that offer valuable educational information.

You won't want to miss this special event. Enjoy a lavish buffet luncheon, including salads, baked salmon, chicken chasseur, pasta primavera, fresh vegetables, fruit and pastry dessert station, and beverages.

We are featuring a fabulous Silent Art Auction, plus a Chinese Raffle. You can bid on original signed art pieces, and buy raffle tickets for jewelry items, museum passes, gift certificates and unique items. Proceeds raised from the auction and raffle will fund our achievement awards program for high school and college women pursuing careers in the arts.

Reservation Form be emailed to you in September, and will be available on our website:  
[www.bocapenwomen.org](http://www.bocapenwomen.org)



## 2021 VIRTUAL FLORIDA STATE CONFERENCE REGISTRATION FORM

**This is a great opportunity to attend our biennial conference!**

Please print out and, including your check for \$20.00 made payable to

FSA/NLAPW, mail to:

Caroline McKeon

10106 Courtney Oaks Circle – Unit 203

Tampa, FL 33619

Name: \_\_\_\_\_

Branch: \_\_\_\_\_

e-Mail Address: \_\_\_\_\_

If you do not have e-Mail:

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

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### **SEPTEMBER**

- + September 6 Labor Day
- + September 18 Dance Day
- + September 22 Autumn begins
- + September 28 Voter Registration Day



Carol White  
Letters Chair  
Editor-in-Chief  
Pen and Palette

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