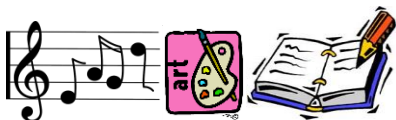


Pen and Palette
Boca Raton NLAPW
www.bocapenwomen.org
January 2022 – February 2022



MUSIC...ART...LETTERS



Facebook Page: <http://tinyurl.com/hen8b4o>

In the Loop: Your Board at Work

Dear members,

The unimaginable 2021 has ended and I hope you and your special people had a safe and meaningful holiday. The challenge continues, but we are ready for some interesting upcoming events. Our first in person luncheon was enjoyed by all who attended. It was uplifting to be together with longtime friends and new members.

Our guest speaker on January 19th will share her expertise on Art Deco, an exciting era and style that influenced culture as a whole. I look forward to seeing you at the luncheon.

Sincerely,

Dayle Herstik

President

Luncheon change - for anyone who has a reservation for the January luncheon, please note the choices have changed. The salmon will be cold poached, and chicken will be a chicken Caesar. If you have already sent in your reservation those changes will be automatically handled by the club. **IF you wish to change** from fish to chicken, or chicken to fish, please contact Elaine Hutt here: elainehulasvegas@aol.com Please see Page 7 for all details

CALL FOR RAFFLE PRIZES!

We are in need of items for our January 19th Luncheon! Please bring in items to be included in the Chinese Raffle. The Art Auction has been postponed.

Elaine Bossik posted this article about our December 2021 speaker, Romolo Hodas on our website. See Page 6 and 7 for photos of this luncheon.

Blog article: <http://www.bocapenwomen.org/boca-raton-pen-women-enjoy-first-in-person-luncheon-of-the-season/>.

CHAPLAIN'S CORNER
With Dr. Barbara Lunde

It's a new year! Are you ready for some new experiences? It means letting go of the past. It's far too easy to let the past dictate our future.

Everything begins with an idea. Are you ready to let go of ideas that restrict or inhibit your life? Maybe you want more peace in your life. It's important to realize you can choose thoughts of peace rather than the thoughts of frustration and chaos. Perhaps you want a harmonious relationship with someone. Are you still talking about the problem you have with that person? Things don't change until you change your thinking. Listen to your conversations. Become aware of your thoughts.

We can practice a happy outlook. So many joys and pleasures slip away from us because we postpone the acceptance of them. Too many dreams are cast away in order to conform to the way it's always been. Too many lives have been lived for a tomorrow which never came. How often do you think when this challenge is over, then I'll be happy? Rather than waiting until everything is perfect to be happy, we can be happy now and enjoy whatever we do today.

It's a new year. It's a perfect time to start saying yes to the opportunities before you. Don't qualify your yes with all sorts of limitations. Say yes to new ideas, new experiences, and new interests. It is your enthusiastic participation in living that determines what life brings you. Get the full taste of being alive. Relish this moment.

Happy New Year! Happy New You!



The Delray Beach Library is having a local author fest.

Local published authors are invited to be a part of our upcoming Local Author Fest 2022. You will have an opportunity to sell your books, network with other authors, and listen to selected readings. The Local Author Fest 2022 will be held on Sunday, March 13, 2022, at the Delray Beach Public Library. This event is being co-sponsored by the Women's National Book Association, South Florida Chapter. More details (including how to reserve a table) coming soon so be sure to check this [SPACE](#) for updates.

Readers for the event are wanted. If you would like to be considered as a featured reader in the festival program, please submit a 500-word sample from a published work to isabella.rowan@delraylibrary.org by 5 pm, Monday, February 7th. If your published work is poetry, you may submit 2-3 poems. Your sample must be from a published work. Works in progress are not accepted. Along with your submission include your name, the title of the work, publication date, publisher, and ISBN. Submissions will be reviewed, and selected readers will be notified on March 1.

MEMBER NEWS

A Jazzy Cabaret Featuring The Music of Joan Cartwright

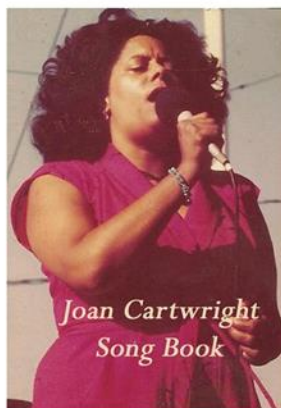
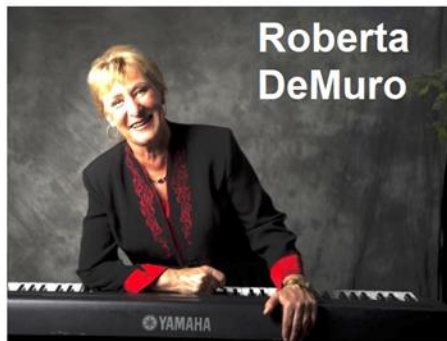
March 5, 2022 @ 8:00 pm - 10:00 pm

Arts Garage, 94 NE 2nd Ave
Delray Beach, FL 33444 United States • [Google Map](#)

\$40 – \$45



Women In Jazz South Florida Members Roberta DeMuro (Musical Director, pianist) and vocalists Edlene Hart and TC Carney III perform music composed by Joan Cartwright, founder of Women in Jazz South Florida, Inc., a 15-year non-profit that promotes women musicians, globally. A Jazzy Cabaret features 14 of Joan's songs and four sets of lyrics to songs by Miles Davis (Tune-Up), Dizzy Gillespie (A Night in Tunisia), John Coltrane (Bessie's Blues), and Kenny Dorham (Blue Bossa). PERFORMER BIOS: Edlene Hart Edlene...

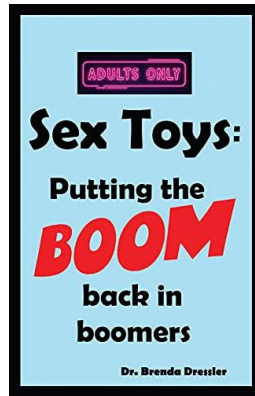


Tickets: <https://artsgarage.org/event/a-jazzy-cabaret-featuring-the-music-of-joan-cartwright>

Dr. Brenda Dressler has a new book out. Click below to find on Amazon.

Title: *Sex Toys: Putting the BOOM back in boomers*

<https://tinyurl.com/2p8pmh8t>



How do sex toys make sex more enjoyable and promote sexual health? Human sexuality specialist Dr. Brenda Dressler answers this question in a frank discussion of the role of pleasure toys in the lives of baby boomers, singles and couples.

Dr. Brenda shows you how to choose safe sex toys and personal lubricants to enhance your sexual experiences and health. This easy-to-read, comprehensive guide helps you navigate the adult sex toy marketplace in a largely unregulated industry.

You'll find valuable information to improve sexual pleasure in this guide that includes illustrations of sex toys with approximate prices that are recommended for baby boomers; how to use these toys for maximum pleasure; how to care for your toys; where to buy them, and strategies for introducing sex toys to your partner.

Use it as a handy source of factual information on:

- Sexual health and sexual dysfunction
- Personal relationships
- Myths and facts about sex toys
- Pleasure toys and prices: vibrators, dildos, anal toys, and blow-up dolls
- Safe and unsafe materials
- Cleaning and storing sex toys
- Personal lubricants
- Purchasing sex toys
- The sex toy industry

In keeping with Holocaust Remembrance Day on January 27th, **Marlene Klotz** will be the guest speaker on January 20th for the members of Hadassah at Valencia Preserve in Boynton Beach, during which time she will read her poem, "A Mountain of Shoes." Marlene says that she will always feel honored that the Holocaust Museum in Washington, D.C. accessed her donation into their permanent archival holdings for scholars and other researchers to look at in the future.

Barbara Wolk plans to teach two courses: "Creative Writing" and "Holistic Health" at Century Village West, Boca Raton, FL., starting the first week of January 2022. During her 6-month geographic escape from Covid on the East Coast, June - November 2021, Barbara went to the West Coast and was an active member in "The Barbara Club," The Chicago Club," and "The Publishing Club" in Laguna Woods Village, Laguna Woods, Ca.

Barbara Wolk, aka Diana Kingsley, has a new book out. Available on Amazon: <https://tinyurl.com/bkycad5p>

Kingsley takes us on an American journey of a woman, Myrna Kaye who searches for compassion and meaning as she liberates herself from a loveless marriage and establishes an independent life for herself. She is a modern educated woman who confesses her innermost reflections on a life sculpted in the 50's and 60's. Broken family bonds stalk her adulthood, as a twice-violated wife and mother of three sons, one born during marriage but out of wedlock. The order by her husband to give him up for adoption, a taboo subject, and her harrowing secrets ticked like time bombs through the decades. Her fairy-tale reunion with one son after thirty-five years is interrupted by the distancing of her other two sons.

Through personal growth practices, this page-turner reveals how Myrna makes peace with a violent past and a mother's struggle with loving her children enough to let them go.

Discovering her Higher Power through twelve-step programs, Myrna saves herself and triumphs in her spirituality. Her burdens of personal and family history are our struggles, and we root for her as she learns how to spread her wings and fly.



December 15, 2021, Luncheon

Our first in-person luncheon was a big success. We saw old friends, made new ones, and greeted potential members. Our speaker, Romola Hodas, was fantastic. Please see link below to order her book. (Please see Page for our January luncheon information.)

The Princess of 42nd Street: Surviving My Childhood as the Daughter of Times Square's King of Porn

<https://tinyurl.com/46vk5f8u>





**Boca Raton Branch National League of American Pen Women
Luncheon and Speaker Program**

Sharon Koskoff, mural artist, Art Deco aficionado and author presents a fascinating program on South Florida's unique art history

Wednesday, January 19, 2022 12:00 Noon

Delray Beach Golf Club – 2200 Highland Ave. – Delray Beach - 561/243-7385 for Directions

*A Chinese Raffle will follow the program – please bring cash or checks. (The Member Art Auction has been postponed.)

Raffle prices: 1 ticket for	\$3.00
2 tickets	\$5.00
5 tickets	\$10.00
10 tickets	\$15.00

[CLICK ON COUPON AND RETURN WITH YOUR CHECK](#)

Members: \$28 ~ Non-members: \$30

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Hutt, 7666 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Hutt for more information: elainehlasvegas@aol.com

Luncheon Menu: Please circle your choice of entrée and dessert

(1) Cold Poached Fillet of Salmon – Court bouillon poached salmon with creamy lemon dill sauce on the side, served over a mixed green salad.

(2) Chicken Caesar Salad – Romaine lettuce topped with grilled chicken breast, fresh parmesan cheese and croutons, served with Caesar dressing on the side.

(3) Large Garden Salad – Fresh vegetables and chickpeas.

Dessert Choice: (4) Fruit Cup or (5) Vanilla Ice Cream with chocolate drizzle

NAME: (Print) _____ Email _____

GUEST: _____ Email _____

GUEST'S MENU: CHOICES of entrée & dessert: _____

GUESTS: How did you hear about us? _____

Deadline for Receipt of Checks: January 12, 2022

Note: We cannot accept checks after the deadline.

***NOTE: Since our December Chinese Raffle was sold out, please bring in any items for the January luncheon raffle.**

JANUARY



Carol White
Letters Chair
Editor-in-Chief
Pen and Palette
www.bocapenwomen.org