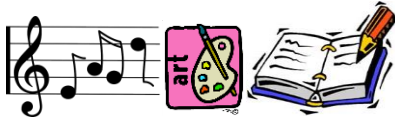


Pen and Palette
Boca Raton NLAPW
www.bocapenwomen.org
March/April 2022



MUSIC...ART...LETTERS



Facebook Page: <http://tinyurl.com/hen8b4o>

In the Loop: Your Board at Work

Dear members,

It's already March, daylight savings is a week away and we'll have longer days filled with light and inspiration. We celebrate Women's History Month and if Covid didn't interfere several of us would be participating in one of our wonderful book talks extolling the virtues of exceptional women. We, the Boca Branch of NLAPW are a group of extraordinary women. We have all influenced someone in our lives and we continue to grow through our interpretation of our gift of art, words, and music.

With two months left for our season, we will bring you an inspiring speaker and as our finale, there will be an art auction featuring the work of our members. Then it's back to the planning board to line up interesting guest speakers for next season.

Sunday, March 13th from 2:00 to 4:30 the Delray library is sponsoring a local authors event. Several of our members have secured a table and will be available to discuss and sell their books. It promises to be an exciting and rewarding afternoon.

I hope you enjoy each day and set another goal to create something beautiful.

Sincerely,
Dayle Herstik
President

Be sure to read about upcoming Member Art Auction on Page 6

MEMBER NEWS

Poem from Art Co-Chair **Phyllis Elrich**

My mouth is tall
My body is short
I usually have
A funny retort

When people hear me
They visualize BIG
But when it's a "seeing"
My power is hid

I love to be feisty
Was shy as a child
Up until thirty
My manner was mild

At thirty I grew up
And I told the world
I can wear ugly sandals
My mouth was unfurled

Not even my girlfriends
Can tell I was shy
Nah-no you weren't
And they ask me why

What blossomed inside you
To make you so bold
You never, no never
Want to be told

I do what I want to
I go near and far
Over fifty-two countries
By train, plane or car

The world is my oyster
I go, I explore
And as I grow older
I want even more

(Poem continued next page)

Don't stand in my way now
Hey! come with me too
Don't wallow away
Get out there and DO!

The world is awaiting
Let life be your thing
Enjoy with your buddies
Or go on the wing

Life passes so quickly
So soon as you're able
Go follow your dreams
Here's the world, don't use cable

Get out to enjoy
Widen life every day
I'll try more adventures
"Till my very last day!



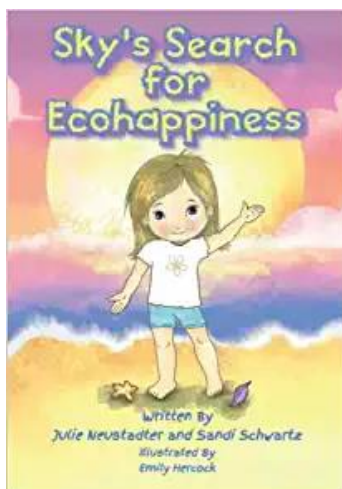
Jo Jo Harder is excited to share that her publication *Paw Prints Magazine* is now available in print beginning with the February/March 2022. It will continue to be available digitally, and quarterly in both print and digital. <https://www.magcloud.com/browse/issue/2168003>



Vera Hirschhorn has been informed by the Poetry Editor of *The Pen Woman* that her poem “Who Am I” has been selected for publication as a Featured Poem on NLAPW’s website scheduled for April 22, 2022.



Sandi Schwartz has co-authored and self-published a new children's picture book, *Sky's Search for Ecohappiness*, about how nature can help children feel happier and calmer. This picture book tells the story of a young girl's quest to manage that feeling of uneasiness many children cannot quite name, but know they feel. Backed by scientific research supporting nature-based stress reduction tools for school-aged children, this story invites readers to follow Sky on her journey as she discovers fun ways to feel happier and calmer using nature. Sky and her friends experience the relaxing and mood-boosting benefits of gratitude, mindfulness, kindness, and creativity in the natural world through yoga, painting, volunteering, playfulness, and awe. It is available on Amazon: <https://tinyurl.com/yhywaxcv>
You can learn more about both this book and Sandi's forthcoming parenting book at www.ecohappinessproject.com.



Carol White was interviewed for *Art & Culture of Palm Beach County* Winter 2022 edition. The subject: *Work in Progress - A Playwright's Tale*. The article entails her twenty years as a playwright and involvement in the theatre community. The article appears on page 48 at the site below.

Here is a photo of one of her (seated) acting appearances in the play *Goodbye Charlie*.

<https://tinyurl.com/4ysyz85e>



From Art Co-Chair **Fran Mann Goodman**

Every season for the past few years, the National Association of Women Artists (NAWA) publishes an online magazine that among other great features includes a section called “Tools for the Trade,” where a member offers readers instructions on artistic methods and applications. A call for members to send in articles for these features (to be published in the winter edition) was sent out last December with the caveat that the material would need to be approved by the editor. I thought I would try my luck and write an article I called “Putting the Wow In Your Paintings With Acrylic Skins,” since I had just delivered an hour-long video on the topic for our Florida branch. Sure enough, to my delight, my article was accepted, and I joined the company of amazing writers and artists around the country.

My article is chock full of information on how to adorn your paintings with acrylic skins. The magazine, itself- found on thenawa.org -- is an aesthetic feast for the eyes!

<https://thenawa.org/tools-of-the-trade-8/>

NAWAFL is holding a show and sale at ArtServe in Fort Lauderdale of paintings by members of our board, of which I’m honored to be a part. It will run from March 1st to April 9th. The reception is on March 18th from 5-7PM. I invite you all to attend.

Why We Volunteer
The Driving Force behind
The National Association of Women Artists
Florida Chapter
2020-2022 Board Member Show

ArtServe
Bienes Gallery
1350 E Sunrise Boulevard
Fort Lauderdale, FL 33304

March 1-April 9, 2022
Reception March 18, 5-7 PM

Exhibitors
counterclockwise starting with upper left
Roberta Millman-Ide
Anika Ellison Savage
Fran Mann Goodman
Kathy Ferguson
Sara Zigdon
Katherine Coakley
Denise Cormier Mahoney
Magdaia Charles
Anabel Rub Pelcher
Helene Kleiner

 **ArtServe**

All About Art

Dear Members,

Our beautiful annual Art Auction is just around the corner. It will take place on April 27th at our 2022 closing luncheon. Donations are welcome from Art, Letters and Music members.

We will take all forms of 2D and 3D artwork, just make sure its handcrafted by you. Please send an email photo to either of us stating what you plan to bring on that day. (We have no way to store anything.) All sizes are acceptable.

Paintings should be wired and ready to hang in someone's home. We will place paintings on easels, and tables will be available for everything else – sculptures, etc.

When you arrive, there will be forms for you to list your art by title, size, and medium, and your minimum bid. Small paintings can start as low as \$5. Larger ones, \$25.00. Unsold paintings will need to be picked up after the luncheon.

Please plan to participate. All proceeds will go to our scholarship fund.

Let's make this auction our best one ever. And oh yes, bring a friend!

(Reminder: All artwork must be done by you)

Your Art Co-chairs

Phyllis Elrich

phynlady2@aol.com

Fran Mann Goodman

franspaint@yahoo.com



Writing tips:

An excellent article about why you need an editor:
<https://floridawriters.blog/everyone-needs-an-editor/>

“Good writers borrow, great writers steal. - T.S. Eliot (but possibly stolen from Oscar Wilde)”

February 16, 2022 Luncheon with speaker Lee Ravine





Luncheon and Speaker Program

Meet the Dynamic Leader of the South Florida Symphony Orchestra

Jacqueline Lorber — CEO/President

Wednesday, March 30, 2022

12:00 Noon

Delray Beach Golf Club – 2200 Highland Ave. – Delray Beach
561/243-7385 for Directions

A Chinese raffle, featuring one-of-a-kind items, will follow the program.
PLEASE BRING CASH/CHECK TO PURCHASE RAFFLE TICKETS

[CLICK COUPON AND RETURN WITH YOUR CHECK](#)

Members: \$28 ~ Non-members: \$30

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Hutt, 7666 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Hutt for more information: elainehlasvegas@aol.com

Luncheon Menu: Please circle your choice of entrée and dessert

(1) Cold Poached Fillet of Salmon – Court bouillon poached salmon with creamy lemon dill sauce on the side, served over a mixed green salad.

(2) Thai Chicken Salad – Marinated cold chicken breast over mixed greens with sesame seeds, snow peas, peppers, bean sprouts, red onion & crispy wonton garnish, served with peanut dressing on the side.

(3) Large Garden Salad – Fresh vegetables and chickpeas.

Dessert Choice: (4) Fruit Cup or (5) Sherbet

NAME: (Print) _____ Email _____

GUEST: _____ Email _____

GUEST'S MENU: CHOICES of entrée & dessert: _____

GUESTS: How did you hear about us? _____

Deadline for Receipt of Checks: March 23, 2022

Note: We cannot accept checks after the deadline.

Please bring raffle items with you!

Please see descriptive flyer on the next page

Meet the Dynamic Leader of the South Florida Symphony Orchestra

Jacqueline Lorber — CEO/President

Wednesday, March 30, 2022 12:00 Noon Delray Beach Golf Club



How do you promote the growth of a major orchestra? Jacqueline Lorber will tell us how she guided the South Florida Symphony Orchestra (SFSO) from performing three concerts in 2009 to over fifty. Learn how she used her unique leadership and entrepreneurial skills to help the Symphony grow from \$150,000 in revenue to \$2.4 million. The SFSO has been recognized by the Broward County Cultural Division as a “Major Cultural Institution” that touches the lives of thousands, including culturally underserved students. Their *Symphony in the Schools* program, established in 1997, reaches 100,000 students. The Symphony joined other arts organizations to create *Culture Cares*, which raised funds for Parkland High School victims, for

the Bahamas Hurricane relief efforts, and other disasters. Through Jacqueline Lorber’s collaborative business approach and fundraising skills, the Symphony has become an essential part of the cultural fabric of South Florida, enriching lives with orchestral music.



Carol White
Letters Chair
Editor-in-Chief
Pen and Palette

www.bocapenwomen.org