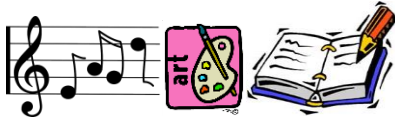


Pen and Palette
Boca Raton NLAPW
www.bocapenwomen.org
April/May 2022



MUSIC...ART...LETTERS



Facebook Page: <http://tinyurl.com/hen8b4o>

In the Loop: Your Board at Work

Dear members,

It has been an honor to serve as President of the Boca Raton Branch of NLAPW. I began my tenure along with the beginning of Covid and although it was a challenge, our virtual Board meetings were productive, and we always had a reasonable number of faithful members to cheer on our monthly guest speakers. I'm sure you agree that everything is better in person proven by the fact that attendance at our luncheons has increased considerably. Our March guest speaker, Jacqueline Lorber, President and CEO of the South Florida Symphony, was well received and our sparkling raffle table made a lot of us winners.

I hope you will join us on April 27 for the season's final luncheon and art auction consisting of works donated by our very own members. We will also have the installation of the incoming Executive Board and I will pass the gavel to our new President, Michelle Putnik.

Sincerely,

Dayle Herstik, President

On March 30, 2022, Members unanimously voted to approve officers for 2022-2024.

Boca Raton NLAPW Executive Board Officers

President, Michelle Putnik
1st Vice President Programs, Dr. Brenda Dressler
2nd Vice President Membership, Sheila Firestone
Treasurer, Lea Hope Becker
Recording Secretary, Dayle Herstik

PLEASE SEE PAGE 3 ABOUT OUR APRIL 27TH MEMBER ART AUCTION!

MEMBER NEWS

A poem by **Marlene Klotz** *Tomorrow is Another Day*

Whenever bad things happen,
Think about tomorrow.
Tomorrow is another day
It may erase your sorrow.
So wake up, get going -
Forget a face that's grim.
Exchange it for a smiling one
To hide the state you're in.
If you smile at others,
They'll smile right back at you.
Suddenly your outlook
Won't make you feel so blue.
Tomorrow is another day
New mornings offer hope.
Keep busy and productive
It doesn't pay to mope.
No one said life's perfect
Our plans often go astray.
Don't give in to sadness ...
Tomorrow is another day.

Lee Ravine will be participating in an WNBA Open Mic Night - Wednesday - May 11th - 6:00 p.m. to 7:30 p.m. at Coffee District, 325 NE 2nd Ave., Delray Beach.

Sandi Schwartz's new parenting book, *Finding Ecohappiness: Fun Nature Activities to Help Your Kids Feel Happier and Calmer*, will be published on May 3 by Quill Driver Books. It has received rave reviews from Library Journal, actor/director Kyra Sedgwick, author Richard Louv, and more. Written from one parent to another in an easy, nontechnical style, Finding Ecohappiness clearly explains the science of how nature improves mental health, while giving parents practical tools to help their children manage stress, anxiety, and mood. The book lays out an easy-to-follow plan for incorporating principles such as awe and gratitude, mindfulness, creative arts, outdoor play and adventure, volunteering, food and animals into children's daily routine, helping them thrive and live a happy, balanced life. Each chapter also includes an activity checklist and additional resources for further exploration. It is available on Amazon and wherever books are sold. Amazon link: <https://amzn.to/3K4Pe6C>. You can learn more about both this book and Sandi's children's book at www.ecohappinessproject.com



A poem **by Marlene Smith**

The Language of Music

Music is the language of the mind,
instruments moving us to places so kind.

Music is the language of the soul,
with notes being half, quarter or whole.

Music is the language of the many,
melodies simple, plain, and fancy.

Music is the language of a lifetime,
from musicians playing notes so fine.

Music is the language for all to hear,
adding happiness to those far and near.

Music is the language for you and me,
comforting the heart so powerfully.

Music is the soul-touching language for all,
enjoyed winter, spring, summer, and fall.

Music is the language that speaks to everyone.
Lives are brightened and warmed, like the sun.

Barbara M. Wolk (AKA Diana Kingsley) will present, sell and sign her new novel *Mother In Name Only* on Friday, April 8th from 12:00 - 4:00 pm at the Levis JCC Sandler Center, 21050 95th Avenue S., Boca Raton, FL 33428. Local Author Forum: Showcasing Local Authors. Barbara is presently teaching a new class in her Boca Raton Community, titled "Improve Your Health and Happiness."



PLEASE NOTE: We will not be accepting any books for the April 27th raffle unless they are specifically related to the arts. We will have a Book/CD table for “Members Only” works for our opening meeting in October – details to follow. Going forward we will only be accepting Member-written books for our raffle – on any subject.

SPECIAL NOTICE FOR THE ART AUCTION AT OUR APRIL 27th LUNCHEON

WANTED! Your beautiful handmade art for our annual art auction — everything from paintings to sculptures to ceramics to jewelry, and to any-and-all crafts as long as the work was made by YOU! (You don't need to be an art member to participate.)

When you donate your art and a fellow member purchases one of your pieces, both of you are helping to grow our scholarship fund that serves the community in a variety of ways. And when the buyer views your art in their home or office, it will be a reminder of your generosity as a Pen Woman sister!

A FEW FACTS:

- Paintings should be wired and ready to hang. Everything else – sculptures, etc., will be artistically presented.
- Bring your artworks on the day of the luncheon. Unsold pieces will need to be picked up when you leave. (We cannot store anything.)
 - Be prepared to list your minimum bid.

Please plan to participate. Let's make this our best art auction EVER! Any questions, email either Phyllis or Fran. And oh yes, bring a friend.

Your Art Co-Chairs

Phyllis Elrich (phynlady2@aol.com)

Fran Mann Goodman (fran.goodman7@gmail.com)

ALL ABOUT ART

Fran Goodman and **Phyllis Elrich**, our Art Co-Chairs, have been juried into a magnificent array of artworks on exhibit through April 30, 2022, at the Anne Kolb Gallery in Ft. Lauderdale. They were honored to have been included along with the Fort Lauderdale Branch, our sister group, for this event. Fran Goodman entered two beautifully colored abstract expressionist works titled, *Blooming* and *Floral Skies*. Phyllis Elrich entered a large cubist abstract piece titled *Twenty Tantalizing Techniques*, which has that many different aspects in it, and a large tree-of-life piece which becomes a mosaic look-a-like called, *Adrienne's Dream*. There are fifty-six pieces on display – a worthwhile exhibit to visit.

Phyllis Elrich will be at the one-day-only King's Point Show and Sale on Wednesday, April 13th. (Atlantic Ave off Jog in Delray Beach) The show hours are: 10:00 a.m. to 3:00 p.m. Please email Phyllis at phynlady2@aol.com if you plan on attending so she may include your name on a visitor's list. This will make it easier for you to enter the complex. No one under 18 is permitted in the Main Ballroom to see the show.

Fran Goodman won 2nd place for her painting *Garden of Happiness* at an ArtServe show, Fort Lauderdale, for the board members of the National Association of Women Artists, FL. Chapter.

**Boca Raton Branch National League of American Pen Women
Luncheon Program**

Featuring a Silent Art Auction

Wednesday, April 27, 2022

12:00 Noon

Delray Beach Golf Club – 2200 Highland Ave. – Delray Beach

561/243-7385 for Directions

Enjoy bidding on original Pen Women artwork and win unique pieces for your home, office or gift giving. We accept cash or checks.

There will also be a Chinese Raffle and installation of the newly elected 2022-2024 Pen Women Executive Board.

CLIP COUPON AND RETURN WITH YOUR CHECK

Members: \$28 ~ Non-members: \$30

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Hutt, 7666 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Hutt for more information: elainehulasvegas@aol.com

Luncheon Menu: Please circle your choice of entrée and dessert

- (1) **Cold Poached Fillet of Salmon** – Court bouillon poached salmon with creamy lemon dill sauce on the side, served over a mixed green salad.
- (2) **Cold Berry Chicken Salad** – Romaine lettuce topped with citrus grilled chicken, strawberries, blueberries, dried cranberries, with roasted pecans and poppy seeds, served with a citrus vinaigrette dressing.

- (3) **Large Garden Salad** – Fresh vegetables and chickpeas.

Dessert Choice: (4) Fruit Cup or (5) Vanilla Ice Cream with chocolate drizzle

NAME: (Print) _____ Email _____

GUEST: _____ Email _____

GUEST'S MENU: CHOICES of entrée & dessert: _____

GUESTS: How did you hear about us? _____

Deadline for Receipt of Checks: April 20, 2022

Our Branch was well represented at the Delray Beach Library Author Event
Sunday, March 13, 2022 - There was a large audience with SRO!

Elaine Bossik
Brenda Dressler
Marlene Klotz
Marleen Pasch
Lee Ravine
Carol White
Barbara M. Wolk



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### **Top Ten Things Authors Hear at a Book Talk and Sale**

“Do you have an hour to tell me how to get my poetry published because everyone loves it and is it okay if it’s handwritten because I don’t have a computer?”

“My son thinks he wants to be a writer, but I can’t get him to clean his room or communicate with me or my husband except when he sends us a text asking when dinner is going to be ready. What advice can you give him?”

“Can I get your book from the library?”

“I borrowed my friend’s copy and I have a bunch of friends waiting to read it when I’m done.”

“Do you take a third-party check?”

“Do you have change for a \$100.00 bill?”

“Is your book a Kindle? What’s a Kindle?”

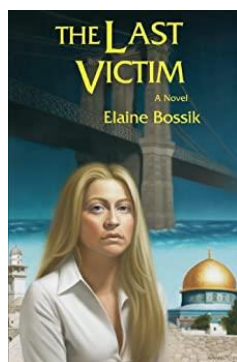
“Could you ask your publisher to publish my book? I have two chapters written but I want to line up someone now.”

“I dont need an edittor. I can proof reed it myself and save alot of money.”

“I’m not going to buy your book because you just told us about it. I don’t think I’d like it.”

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Here are the Pen authors who appeared at the 2022 Delray Library Author Event



Elaine Bossik



Dr. Brenda Dressler

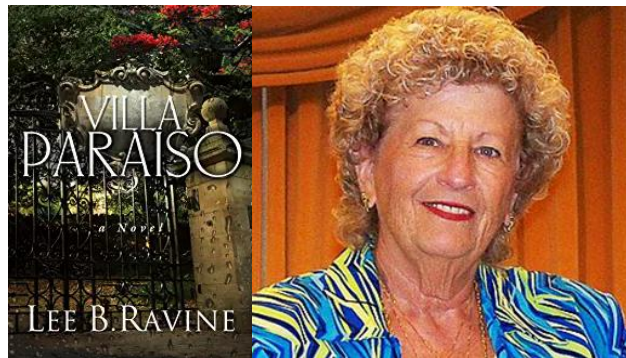


Marlene Klotz





**Marleen Pasch**



**Lee Ravine**



**Carol White**



**Barbara M. Wolk** aka Diana Kingsley



Photos from our March 30, 2022 Luncheon with speaker Jacqueline Lorber, President and CEO of the Palm Beach County Orchestra  
Photos also appear on our Facebook Page <http://tinyurl.com/hen8b4o>











**The Raffle Committee** thanks those who donated items for making this an exciting event.

Funds go toward our Scholarship Program.

Phyllis Elrich  
Barbara Lunde  
Carol White

Display  
Ticket Sales  
Coordinator

## Notice from Women's National Book Association

If you are a memoir writer or reader or are interested in what memoirs and novels have in common, you'll want to tune into our program on Wednesday April 13th at 6:30 p.m. Speaker Roz Reisner, an accomplished author and speaker, will discuss How to Write a Must-Read Memoir. Roz has written and spoken widely on memoirs and Jewish fiction, and is the co-author of the WNBA centennial book, *Women in the Literary Landscape*. This talk will be via Zoom. Please invite your friends and use this link to join the Zoom meeting:

<https://us02web.zoom.us/j/82355653473?pwd=ajBTNmZ3eGw0ODROcWlzL25rNExOQT09>



Carol White  
Letters Chair  
Editor-in-Chief  
Pen and Palette

[www.bocapenwomen.org](http://www.bocapenwomen.org)