

Pen and Palette
Boca Raton NLAPW
www.bocapenwomen.org
January 2023-February 2023



MUSIC...ART...LETTERS



Facebook Page: <http://tinyurl.com/hen8b4o>

In the Loop: Your Board at Work

Getting to know your board: Below is a list of our current board members – officers and chairs. Please contact them directly if you'd like to help out.

bbcarter2@aol.com Barbara Bixon: Co-Treasurer, In charge of dues, Raffles, Venue Liaison

dr_brenda@aol.com Brenda Dressler: Program Chair

dayle227@aol.com Dayle Herstik: Recording Secretary

elainebossik@yahoo.com Elaine Bossik: Web manager; Creates Luncheon Flyers, Manages check-in at luncheons with Patron Elaine Hutt

fran.goodman7@gmail.com Fran Mann Goodman: Art Co-Chair

mjputnik@comcast.net Michelle Putnik: President, Meet and Greet, Venue Liaison

phynlady2@aol.com Phyllis Elrich: Art Co-Chair, Raffles

polowhite@aol.com Carol White: Editor-in-Chief, Raffles, Photography, Letters Chair, Social Media

sheilasong@mac.com Sheila Firestone: Membership Chair, Outreach Chair, Music Chair, Zoom Manager

sombl@aol.com Barbara Lunde: Chaplain, Corresponding Secretary, Raffles

Don't forget to dress up in your own unique "old" style for our January 11th Luncheon. Would you like to attend a board meeting via Zoom? Please email Sheila Firestone and she will add your name to the registrants. sheilasong@mac.com

MEMBER NEWS

Jo Jo Harder invites Pen Women to submit books for consideration to *America's Top Dog Model Paw Prints Magazine's* newest department "Top Reads." Particularly interested in books that are pet related, fashion, and travel. Submit description of book, date published, and image of book cover to: americastopdog@aol.com. Here is a link to *Paw Prints Magazine* January 2023 issue: <https://www.magcloud.com/browse/issue/2394356>

Attached is our latest *Paw Prints Magazine* cover:



Louise Parente was interviewed by Ole von Frausing-Borch, of Santa Maria California. The issue of relationship change, loss and new beginnings, were discussed as well as her book *Parting Is Such Sweet Sorrow. Saying goodbye to and eating problem.* This can viewed on YouTube under Olde's Therapy Corner - Louise Parente.

The Value of Value

"Know the true value of time, snatch, seize, and enjoy every moment of it. No idleness, no laziness, no procrastination, never put off till tomorrow what you can do today". Philip Stanhope. Today's Thought for a Lifetime is the Value of Value, what does value mean to you, its purpose, and its connection to your sense of self and life? Self-value has roots in whether you believe you are worthy of respect, love and well-being. Self-value is not self-absorption or selfishness, it is the act of cultivating self-respect, within healthy boundaries for the self and others in your life. Begin to explore the meaning of the Value of Value as you know it. George Bernard Shaw states "Life is not about finding yourself. Life is about creating yourself".

From **Barbara Wolk:**



MUSIC NOTES

There is a free concert on Sunday, Jan. 29th at the Delray Beach Library. Please join me along with your Pen Sisters and friends. If you'd like to have lunch together at Poppies on Linton Blvd and Military, please let me know. (4900 Linton Blvd, Delray Beach, FL 33445) Click on this blue link to register: [Yoko Sata Kothari, Pianist • Delray Beach Public Library](#)

Yoko Sata Kothari, Pianist • Delray Beach Public Library

Sunday, January 29 @ 2 pm. Free; registration required. Yoko Sata Kothari, award-winning classical pianist

Join the fun with Elaine Bossik, Dr. Brenda Dressler, Elisa Eisenman, Phyllis Elrich, Sheila Firestone, Elaine Hutt, Marlene Klotz and Sandy Lassoff.

Sheila Firestone, Music Chair 561/ 561-3610
sheilasong@mac.com

December 14th luncheon photos with guest speaker Catherine Hughes, Palm Beach Opera





Three authors from our branch will present a Writers Workshop at the Palm Beach County West Boynton Beach Library on February 7, 2023. 2:00-3:30 p.m. 9451 Jog Rd
Boynton Beach, FL 33437
Phone (561) 681-4038

Free and open to the public. Join Elaine Bossik, Dayle Herstik, Marleen Pasch, and Carol White. These three award-winning Pen Women authors will speak about their backgrounds and writing experience. They will present their books and discuss what inspired each of them to write them, and the journey from story conception to publication. The authors will discuss topics including research, plotting, dialogue, setting, characters, genre, publicity, critique groups, and more. There will be printed handouts along with a Q & A.

POETRY PLACE

Subject To The World

©2014Joan Cartwright

Cigarette butts and empty packs
Strewn across the lakefront lawn
I stay inside, avoid the masses
People without their consciousness on

As time goes by, I live my life
Away from maddening crowds
Of herds of cows who don't know now
Is the time they have to live

I'm a recluse that runs from folks
From humans without mind
Robotic and drugged, they breed
Like bugs, mosquitoes every kind

*I am the scepter of life's loving power
I am the master, each moment, each hour
I am the spheres, every song that they sing
I am the heart of creation, it's swing*

Centered and focused, I weave my web
I spin my tight cocoon
I sit and wait to release my wings
And fly up to the moon

*I am the spheres, every song that they sing
I am the heart of creation, it's swing
I am the scepter of life's loving power
I am the master, each moment, each hour*



Family

By **Dayle Herstik**

The once contained group now four separate units.
Private lives. Vaguely informed, we know
only what is exposed or mentioned.
No more open hearts or angry tears
or shouts of “unfair.”
No more sharing clothes and beds and toothbrushes
And chocolate cake in the cluttered kitchen.
Old intimacies make way for the unfamiliar
to share lives that were once intertwined.
Proximity does not matter.
Near or far we are distanced.
Yet, we are still family.



Daydreams

By **Marlene Klotz**

Oh, to be young again,
So young that
There are no thoughts
Or concerns about tomorrow.
All our needs are taken care of
And one day spills over to the next.
Whatever lies ahead is dormant
Like a dream on hold,
While the word “future” is still
Waiting to enter our vocabulary.
So very young is a safe place
Filled With the security of the
Unknown.



Forward

By **Dr. Marlene Wolf Smith**

Enjoy the year 2023
Forward we go you and me.

We nourish to flourish,
have fun as we run.

Give hugs and kisses.
Have dreams and wishes.

Smile with memories
of friends and families.

Opportunities at every door.
Forward we go, to explore and more!



Boca Raton Branch National League of American Pen Women

Meet Expert on Jewish Art – Helene Yentis

**Wednesday, February 8, 2023
12:00 NOON**



**Indian Spring Country Club – 11501 El Clair Ranch Rd – Boynton Beach, FL 33437
For Directions: 561-737-5544**

Helene Yentis, historian and expert on Jewish art, museum curator and art teacher, presents a visual history of Jewish artworks. View images of ancient and contemporary art as Helene narrates the stories behind them.

Enjoy a lavish buffet luncheon, including salad, grilled salmon, chicken Florentine, wild rice, fresh vegetables, rolls, fresh fruit and pastry, and beverages. Bid on fabulous items at our Chinese raffle.

Cash or check only for raffle tickets.

Parking: Our luncheons are held in the **downstairs Men's Card Room**. Drive into the main entrance and make a left turn toward the tennis courts, where you'll find regular and handicapped parking. A short walk leads to the **lower clubhouse entrance**. The **Card Room** is on the left.

CLIP RESERVATION FORM AND RETURN WITH YOUR CHECK

\$35

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Hutt, 7666 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Hutt for more information: elainehlasvegas@aol.com

NAME (Print): _____ Email _____

GUEST Name: _____ Email _____

GUEST: How did you hear about us? _____

DEADLINE FOR RECEIPT OF CHECKS: January 28, 2023

ART EXHIBIT

JURIED ART EXHIBIT – February 2023

Skolnick Community Center
FOR ALL - MEDIA & FINE ARTS
February 1st to March 1st, 2023

Entries (Titles, Artist Name, Price and Telephone #) and check must be sent to JoAnn Culligan and received by January 25th, 2023 for processing and tagging.

JoAnn Culligan
651 Village Drive, #802
Pompano Beach, FL 33060
954-980-3475 jjpompano@aol.com

Each NLAPW member or invited guest may enter up to 2 pieces, wired, with clean mats and framed, no larger than 30" x 40". There will be a limit of 50 works accepted. Rejected work may be picked up at 3:00pm the day of delivery. Call 954-288-7972 or 305-761-3598 after 3:00pm.

JUDGE: Meaghan Kent, Curator Art & Culture Center/Hollywood
Monetary awards and ribbons will be awarded on February 10th at the Skolnick Center prior to Luncheon and our Program.

COSTS: \$ 25.00 Member/Patrons, \$ 30.00 Non-Members

DELIVERY: Wednesday - February 1st, 2023 11:30 – 12:30

AWARDS: FRIDAY - February 10th, 2023 11:30

Herb Skolnick Community Center
800 SW 36 Avenue
Pompano Beach, FL 33069
(954) 786-4590

LUNCHEON: FRIDAY- February 10th, 2023 11:30
Pick Up date: Tuesday – February 28th, 2023 11:00 – Noon

At minimum 10% of net profits will benefit the Student Achievement Awards-
Luncheon reservation checks sent to - Tammy Seymour by February 8th, 2023.

Fort Lauderdale Pen Women's upcoming annual juried exhibit: you may download the prospectus here:
<https://lauderdalepenwomen.wixsite.com/nlapw/news-events>

JANUARY 2023
Holidays & Observances



Sunday, January 1st
New Year's Day



Tuesday, January 3rd
Festival of Sleep Day



Thursday, January 5th
Bird Day



Sunday, January 8th
Earth's Rotation Day



Monday, January 9th
Clean your Desk Day



Thursday, January 12th
Pharmacist Day



Friday, January 13th
Gluten-Free Day



Monday, January 16th
Martin Luther King, Jr. Day



Wednesday, January 18th
Winnie the Pooh Day



Monday, January 30th
Bubble Wrap
Appreciation Day

womansday

Carol White
Editor-in-Chief
Pen and Palette
Co-Treasurer
Letters Chair
Social Media

<http://www.bocapenwomen.org>