

Pen and Palette

Boca Raton NLAPW

www.bocapenwomen.org

Facebook Page: <http://tinyurl.com/hen8b4o>

February-March 2023



MUSIC...ART...LETTERS



In the Loop: Your Board at Work

Dear Sisters in Art Music and Letters,

As Membership Chair, I could not make this group grow without your support of bringing likeminded professional friends to join us. We are women with the passion to advance our artistic dreams and are here to urge others to do the same.

It is important that newcomers know we support each other and will encourage each to move forward with their goals and by bringing that same enthusiasm to prospective members. We used to tell guests to come to three meetings and if they like what we do, join us. I always carry membership application kits with me to every meeting. Please also urge your friends who are not professional artists writers or composers to not only enjoy our programs but also to become sponsors. Their fee for the year is \$60.00. Sponsors often will take on small to large tasks to help us make each year a success.

Please be active, join in our programs. Enjoy the lovely luncheons and speakers, raffles to support our programs, and also be the one who steps up to make a difference in some small way. We can use your help on a committee or in a leadership role. I feel it is an honor to serve this group. Another membership benefit is that you can submit articles about your work to our beautiful national magazine. This year there were articles by artist Phyllis Elrich, one about composer Sheila Firestone, and by artist Lidia Tohar. Our branch activities are often featured.

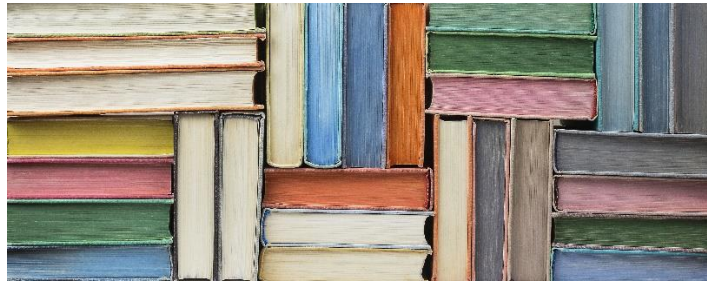
Some of you will enjoy attending this year's upcoming state conference. Did you know that the Boca Branch will pay your registration fee? There are cash prizes and honors for entering even if you do not attend the conference. Don't miss a chance to participate in the competitions. Our members' works have often placed very well. Watch for the state news.

The first call for our upcoming dues went out this week. Dues must be collected by the end of April and sent to D.C. by May 1st. We value each and every one of you and hope you will continue to attend luncheons, meetings and participate in programs. If you need any information about new members joining or have any questions, feel free to contact me.

Sheila Firestone
Membership Chair,
Music and Outreach Chair
sheilasong@mac.com
www.sheilafirestone.com

FEBRUARY 16, 2023, 2-3:30 p.m. Four authors from our branch will present a **Writers Workshop at the Delray Beach Public Library, 100 West Atlantic Avenue, Delray Beach, Fl.** To register please call: Tel: (561) 266-0194

Free and open to the public. Elaine Bossik, Dayle Herstik, Marleen Pasch, and Carol White will discuss their backgrounds and writing experience. They will present their books and discuss what inspired each of them to write them, the journey from story conception to publication. The authors will discuss topics including research, plotting, dialogue, setting, characters, genre, publicity, critique groups, and more. There will be printed handouts along with a Q & A.



MUSIC NOTES

Sheila Firestone was joined by some of our Pen sisters, Elaine Bossik, husband Ray Bossik, Dr. Brenda Dressler, Elisa Eisenman, Phyllis Elrich, Elaine Hutt, Marlene Klotz, and Dr. Louise Parente, at the free concert featuring Yoko Sata Kothari, Pianist, held on Sunday, January 29th at the Delray Beach Library. Yoko likened her program to a concert meal with each selection representing an entree, main and side dishes as well as dessert. The group felt well-nourished with this beautifully performed piano program, followed by an encore after standing ovations, which provided a coming attraction to Yoko's upcoming spring concert.

Some of our Pen sisters enjoyed a delicious pre-concert lunch at Poppies Restaurant. You can contact Sheila, our Music Chair, here: Sheilasong@mac.com to find out about other events.



MEMBER NEWS

The Lite Side of Life By **Marlene Klotz**

My advice to seniors
Never get sick
Regardless of all the
Doctors you pick.
They're all too busy
To answer the phone,
Which sends out a message
That nobody's home -
Plus those dreadful instructions
To speak with a nurse
That confuses and befuddle
Till you start to curse.
So eat lots of veggies,
Fruit, chicken, and fish,
Then pray for good health
Your number one wish!



Carol White's short essay in *Women's World* Circle of Kindness column was published in the January 24, 2023 issue.

January 30, 2023: **Marlene Klotz** and **Dayle Herstik** joined Carol at a lecture given by Dr. Rose Feinberg held at the South County Civic Center. The free program featured Supreme Court Justices Ruth Bader Ginsberg and Elena Kagan. A Power-Point, Q & A and refreshments were included. Please check Carol's Facebook page for other events:

<https://www.facebook.com/Taffeta>



Your Heart is Your Home Poem By **Dr. Marlene Wolf Smith**

Everywhere we see hearts.
I wondered, pondered, and did think.
How did this heart stuff start?
In history, what is the link?

The heart shape is from ancient times,
a seed pod of plant extinct,
made a love potion, a good sign.
Extinct! Extinct! Made me think...

St. Valentine was a Roman priest.
Those in love he unlawfully wed.
There were no celebrations or feast,
For doing this, he lost his head!

Our thinking begins in the heart every day,
Aristotle and the ancient scholars did profess.
The brain said, memorize by heart, no way!
These sayings persist, stressed with this messy mess!

The heart shape is seen all around,
On playing cards, sweet candies in the mall,
Emoji symbols, greeting cards, they're found.
But the human heart is the best of all.

Your heart is your home, pumping so wise.
Amazing organ, a simple surprise
Beating and thumping, having some fun.
Said the Doctor in the Florida sun.



ALL ABOUT ART
With Co-Chairs Phyllis Elrich and Fran Mann Goodman

Fran and Phyllis have been keeping busy in the Art world. They explored the Boca Museum's exhibit on the backdrops of old movies. Remember Donald O'Connor with the rag-body doll in *Singing In The Rain*? Remember the farmhouses in *Seven Brides For Seven Brothers*? These were only two of the many for which no one was given credit. The artistry was amazing and thankfully some of the pieces were saved.

Fran and Phyllis also visited fellow Fort Lauderdale Pen Woman Phoenix at her exhibit at Ocean's One. Choosing a favorite to purchase was difficult as Phoenix is an amazing photographer. It's rewarding to support fellow Pen Women.

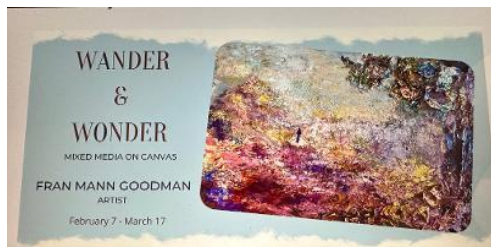
Phyllis took a four-day workshop with Jennifer Stone and has now ventured into watercolor. She found it quite different from acrylics and felt it was mind boggling, but fabulous, to be among water colorists who inspired her to do more.

Now Phyllis is getting ready to represent us at Diversity Day in March. She will be showing South African teabag art to the children and will make a quilt on canvas. Phyllis learned this on a trip to South Africa and has taught it to several groups.

You can contact Phyllis here: phynlady2@aol.com

Fran Mann showcases several of her mixed media paintings with her *Wander and Wonder* solo show at the Delray Beach Library on East Atlantic Avenue, in downtown Delray, February 7 through March 17. Fran invites her fellow Pen sisters to attend the reception on March 8 from 6 to 8 PM when she will explain how she fuses her paintings with eye catching colors and multiple mediums – pastes, sands, paper towels and acrylic skins –with the intention of leading the viewer to create their own stories and interpretations.

Watch for an article that highlights her life before becoming an artist in Delray Magazine due out in mid February. It's a jaw dropper!



Fran continues to teach her class on Zoom where students explore the artistic styles of various artists while learning techniques and applications in abstract expressionism. It is a fabulous four-week class that a few of our Pen women take on a regular basis. You are invited to join a class as her guest for one week during March to see what it's all about. Email her at franspaintbox@yahoo.com if you're interested in attending.

Boca Raton Branch National League of American Pen Women

How Can You Stop Procrastinating? Dr. Gloria Waldman Has The Answer

Wednesday, March 8, 2023 - 12:00 NOON

WEAR GREEN!



Indian Spring Country Club – 11501 El Clair Ranch Rd – Boynton Beach, FL 33437

For Directions: 561-737-5544

Dr. Gloria Waldman is a scholar and professor, a writer, journalist, radio personality and singer. She’s an expert in Spanish language and literature, a drama critic and a translator. Learn how she avoids procrastinating and accomplishes so much.

Enjoy a lavish buffet luncheon, including salad, grilled salmon, cheese ravioli, potato wedges, asparagus, rolls, fresh fruit and pastry, and beverages. Bid on fabulous items at our Chinese raffle.

Cash or check only for raffle tickets.

Parking: Our luncheons are held in the **downstairs Men's Card Room**. Drive into the main entrance and make a left turn toward the tennis courts, where you’ll find regular and handicapped parking. A short walk leads to the **lower clubhouse entrance**. The **Card Room** is on the left.

CLIP RESERVATION FORM AND RETURN WITH YOUR CHECK

\$35

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Hutt, 7666 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Hutt for more information: elainehlasvegas@aol.com

NAME (Print): _____ Email _____

GUEST Name: _____ Email _____

GUEST: How did you hear about us? _____

DEADLINE FOR RECEIPT OF CHECKS: February 27, 2023

PHOTOS FROM OUR JANUARY 11, 2023 LUNCHEON
With Speaker Eliot Kleinberg



Eliot Kleinberg with Sheila Firestone





Not for writers only!

You might like this..

The following insults are from an era before the English language got boiled down to 4-letter words:

1. "He had delusions of adequacy " Walter Kerr
2. "He has all the virtues I dislike and none of the vices I admire."- Winston Churchill
3. "I have never killed a man, but I have read many obituaries with great pleasure. - Clarence Darrow
4. "He has never been known to use a word that might send a reader to the dictionary."-William Faulkner (about Ernest Hemingway)
5. "Poor Faulkner. Does he really think big emotions come from big words?"- Ernest Hemingway (about William Faulkner)
6. "Thank you for sending me a copy of your book; I'll waste no time reading it." - Moses Hadas
7. "I didn't attend the funeral, but I sent a nice letter saying I approved of it." - Mark Twain

FEBRUARY 2023
Holidays & Observances



Thursday, February, 2nd
Hedgehog Day



Tuesday, February, 7th
Periodic Table Day



Thursday, February, 9th
Pizza Day



Saturday, February, 11th
International Day of Women
and Girls in Science



Monday, February, 13th
Tortellini Day



Tuesday, February, 14th
Valentine's Day



Friday, February, 17th
Carnival of Brazil



Monday, February, 20th
Love Your Pet Day



Monday, February, 20th
President's Day



Tuesday, February, 28th
Public Sleeping Day

woman'sday

Carol White
Editor-in-Chief
Pen and Palette
Co-Treasurer
Letters Chair
Social Media

<http://www.bocapenwomen.org>