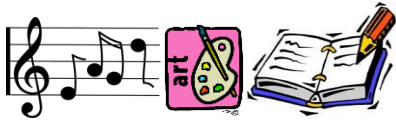


Pen and Palette
Boca Raton NLAPW
www.bocapenwomen.org
March – April 2023



MUSIC...ART...LETTERS



Don't forget to like Facebook Page: <http://tinyurl.com/hen8b4o>

In the Loop: Your Board at Work

Dear Members: This month we will hear from our Chaplain, Dr. Barbara Lunde.

Here in South Florida, we live in almost an eternal Spring. Yet we do have subtle changes with each season and Spring brings our beautiful Trees of Gold, turtles nesting and so much new growth.

Spring is about new life - new beginnings and that message is something we can all celebrate. Just as each morning reminds us, we can begin anew, Spring says burst forth, make a fresh start and leave any old limiting beliefs and experiences behind. Open to new ideas of health and vitality, peace and prosperity, happiness, and harmony.

This is the time to feel fresh and young and vibrant and strong. Let this Spring be the time you leap into the joy of life free of all restraints knowing that you are a wonderful, cherished person who has so much to share with the world.



Please visit Phyllis Elrich at the downtown Delray Beach All People's Day event on March 18, from 11-3. Phyllis will present African Teabag Art.



On March 26th, several of our authors will be at the Delray Beach Library for the Local Author Fest from 2-5p.m. Let's support our members!

MEMBER NEWS

Celebratory News from **Dr. Joan Cartwright:**



The reception for Abstract expressionist **Fran Mann Goodman's** “Wander and Wonder” solo show at the Delray Beach library is on Wednesday, March 8th from 6 to 8 PM That evening she will share with you how the rich layers of her life led to the depths of her style of art, and then take you on a tour of her collection of paintings that have received rave reviews.

Click on link below for more info:

[Delray Beach Library Presents A Wonderful Way To “Wander & Wonder” At Fran Mann Goodman’s Solo Show. Public Reception Wednesday, March 8. Show Runs Through March 17](#)

Fran was also featured in Delray magazine, Up Close, pg 32-33. (no link available)

Penelope Love (Arts Member) published and celebrated the launch of Citrine Publishing's latest release, *Be the Magic: Bite-Sized Nuggets of Wisdom to Feed your Joy, Nourish your Soul and Open your Heart* by Diane Pienta, on February 25, 2023, at Known Grove Books near the Himalayan Institute in Honesdale, Pennsylvania. The book is endorsed by Marci Shimoff, #1 *NY Times* best-selling author of *Chicken Soup for the Woman's Soul*, who calls it "a powerful and delightful guide to living with greater joy and purpose in your life."



Penelope Love (L) Diane Pienta (R)

Carol White's play, *Downsizing*, is a finalist for the Heartland Theatre Company's upcoming production. Her article "Validation" will be published on the Sun Sentinel's Opinion page.

PHOTOS FROM OUR FEBRUARY 8, 2023 LUNCHEON







(Photos from our March 8th Luncheon will be included in the April 10th Pen and Palette)

RAFFLEMANIA



Phyllis Elrich (R) is happy because thought she won this prize!

Dr. Louise Parente won. 🤔



Raffle Committee: Dr. Barbara Lunde, Phyllis Elrich, Carol White

Writers Workshop

Elaine Bossik, Dayle Herstik, Marleen Pasch, and Carol White held a Writers Workshop on February 16, 2023, 2-3:30 p.m., at the Delray Beach Public Library. They discussed the writing process including marketing, publishing, research, genre, etc. Each author had helpful handouts for the participants to take home, and they received information about our Branch's activities.

Phyllis Elrich, our Art Co-Chair, attended and photographed the event. Everyone was invited to view Art Co-Chair **Fran Mann Goodman's** beautiful exhibit on the Library's second floor.

Three of the four authors published with Branch Member **Penelope Love** at <https://www.citrinepublishing.com/>



Marlene Klotz's Valentine's Day Poetry Workshop

Marlene Klotz created a booklet with poems, which was placed on the tables at our March 8th Luncheon. Marlene also presented a booklet to each participant as a reminder of a special day.



(L-R) Lea Hope Becker, Mimi Paris, Lee Ravine, Marlene Klotz, Sheila Firestone

“Journey's End” By **Dayle Herstik**

The winding road seemed endless.
Ancient pines; a hidden view.
Music from the radio
brought up thoughts of you.

I knew where the road would lead me.
From the recesses of my mind
I recalled our life together
knowing what I would find.

My beating heart was hopeful
the coming curves would yield
a hidden treasure,
Sunflowers in a field.

The journey's end came closer,
Tall pines were in the rear,
And there before my tear filled eyes
dazzling gold appeared

“My First Best Friend” By **Vera Ripp Hirschhorn**

What a surprise!
Who would have surmised?
That my very first poem
Would be remembered and prized;
By my very first friend
Who verbalized, 57 years later:

"All around me things are blue
Listen and I'll name a few.
The sky, the sea, the murmuring brook
The cover of my English book;
My boyfriend's eyes so warm and sweet;
The brand new Ford just down the street."

I hugged her as we socialized,
So grateful for her gift;
And most of all for my friendship
With a beautiful girl from Flushing Township.

“My First Kiss” (a prose poem) By **Marlene Klotz**

I will always remember the summer of 1947 at Camp Hillard. I was thirteen years old and somewhat innocent for my age...until one afternoon when our counselors were out of sight and some of the campers decided to play "Spin the Bottle." Stanley, who was the cutest boy in the group, spun the bottle till it stopped at me. But since he was basically shy and didn't want to seem unmanly, he quickly kissed me somewhere between my cheek and my mouth.

Life is full of surprises: Many years later, I met Stanley's first cousin, Bernie, on a blind date that resulted in marriage. And now, as my husband and I plan to celebrate our 65th wedding anniversary, you might say that there is something to be said for keeping romance in the family.

“Thoughts of My Husband” By **Mimi Paris**

My husband was special
Sharp sense of humor
Intriguing singing voice
Self-taught artist
Super Salesman
Rough good looks.

Loved playing baseball
Barely made it to school mornings
Got to park before opening weekends
No problem – jumped fence
Spotted by Brooklyn Dodgers Scout
No contract.

World traveler
Drove through all of U.S.A.
Most of Europe & more.

Was a volunteer
For local hospital, Teacher's Aide
Served in Volunteers for Israel
And for anyone in need.

A glance at Marvin's gravestone
Reveals the words:
"He was a mensch."

“Valentine’s Day Post-Covid” By **Lee Ravine**

How can I feel love when there is so much pain
The pain of starting over again
Loss, destruction, a divided nation
And let us not forget the toilet paper ration

Reminisce, feel love, find love
Share love you say
Wear red, give and receive candy and flowers
On this day

You insist I try harder

Outside I see sunshine, flowers in bloom,
Newborn ducklings swimming by
Yes. There is hope... for me and for all of us in 2023

“I Love You” by Barbara M. Wolk

Loving is the art of sharing
Sharing is the art of caring
Caring is the art of loving
Loving is the art of loving.

“Happy Valentine’s Day” By Barbara M. Wolk

I am the ultimate "Love Addicted Woman",
Who is also an "Incurable Romantic"
So, in my Eighties...
I have decided
To fall in love with Myself.

Why not?
Then, I won't be
Disappointed
Feel rejected
Feel unloved
And never Needy.

I've learned that the
Most important Love comes from
Outside of Myself;
It comes from my Higher Power.
This Higher Power is always
Taking care of me.

So, please don't forget to
Look up into the blue clouds
In the white sky and
Love will come to you
From above.

Just keep your heart open...
And LISTEN to...
And accept another.
This is unconditional Love.

May you enjoy today...
The Day of Love'
Happy Valentine's Day!

Boca Raton Branch National League of American Pen Women
Playwright Marlene Klotz & Acting Troupe Present a Light Comedy

Wednesday, April 12, 2023
12:00 NOON



Indian Spring Country Club – 11501 EL Clair Ranch Rd – Boynton Beach, FL 33437
For Directions: 561-737-5544

Three talented actors will perform a play reading for Marlene Klotz's award-winning play, *It's All About Friendship*. Playwright Marlene Klotz directs this delightful light comedy.

Enjoy a lavish buffet luncheon, including salad, grilled salmon, sliced sirloin, herb roasted potatoes, fresh vegetables, rolls, fresh fruit and pastry, and beverages. Bid on fabulous items at our Chinese raffle.

Cash or check only for raffle tickets.

Parking: Our luncheons are held in the **downstairs Men's Card Room**. Drive into the main entrance and make a left turn toward the tennis courts, where you'll find regular and handicapped parking. A short walk leads to the **lower clubhouse entrance**. The **Card Room** is on the left.

CLIP RESERVATION FORM AND RETURN WITH YOUR CHECK

\$35

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Hutt, 7666 Majestic Palm Drive, Boynton Beach FL 33437

Email Elaine Hutt for more information: elainehlasvegas@aol.com

NAME (Print): _____ Email _____

GUEST Name: _____ Email _____

GUEST: How did you hear about us? _____

DEADLINE FOR RECEIPT OF CHECKS: April 2, 2023

ATTENTION AUTHORS: LOCAL AUTHOR FEST '23, Sunday March 26, 2:00 - 5:00 pm
Delray Beach Public Library, 100 W. Atlantic Avenue, Delray Beach, FL 33444

The South Florida chapter of the WNBA joins the Delray Beach Library in inviting local authors of all genres to reserve a table to present your books.

Link to reserve tables:

<https://www.delraylibrary.org/classes/local-author-fest-23/>

Did you know that March is National Umbrella Month? Here are some more wacky things to celebrate this month:

- March 3: What If Cats and Dogs Had Opposable Thumbs Day
- March 11: International Fanny Pack Day
- March 13: National Ear Muff Day
- March 16: National Panda Day
- March 16: Absolutely Incredible Kid Day
- March 23: World Meteorological Day
- March 31: World Backup Day



Carol White
Editor-in-Chief
Pen and Palette
Letters Chair
Social Media
Raffles

<http://www.bocapenwomen.org>