

**Boca Raton Branch National League of American Pen Women
Luncheon and Speaker Program**

**Meet Dr. Ellen Kamhi, Holistic Health Nurse/ Educator/ Author
Botanicals for Pain Management**

**Thursday, March 19, 2026
12:00 NOON**

**Mariposa Restaurant - Neiman Marcus at Town Center
5860 Glades Road, Boca Raton, FL 33431**

Dr. Ellen Kahmi has been involved in Natural Medicines since 1973. She is a professional member of the American Herbalist Guild and is nationally board certified as an Advanced Holistic Nurse. Her presentation will focus on the use of natural botanicals for pain management, with informative and helpful information.

Parking: Parking is available in the parking lot near the entrance to Neiman Marcus. Valet parking is also available. The \$5 valet charge is waived when your ticket is stamped at the restaurant. A \$5 gratuity is suggested for the valet.

CLIP RESERVATION FORM AND RETURN WITH YOUR CHECK

\$40

Checks payable to: Boca Raton Branch NLAPW

Send to: Elaine Hutt, 7666 Majestic Palm Drive, Boynton Beach FL 33437
Email Elaine Hutt for more information: elaineh@lasvegas@aol.com

Luncheon Menu: Choice of Chicken Caesar Salad, Roasted Salmon, or Trio Salad (chicken salad, tuna pecan, egg salad). Order your selection on the day of the luncheon. Popovers, beverages and dessert included.

Name (Print): _____ **Email** _____

Guest's Name: _____ **Email** _____

Guest: How did you hear about us? _____

DEADLINE FOR RECEIPT OF CHECKS: March 12, 2026