

Pen and Palette
Boca Raton NLAPW
www.bocapenwomen.org
Facebook Page: <http://tinyurl.com/hen8b4o>
July/August/September 2026



MUSIC...ART...LETTERS

Dear Members,

I hope all our members had a wonderful summer. Our Program Chairs invited interesting speakers for our luncheons from November 2026 through April 2027. The Board is also planning several social events beginning in October 2026.

During our Literary and Art Program, "Reflections" at Delray Beach Public Library in April 2026, two of our members sold paintings. February 10, 2027, is the reception date for our new Literary and Art Program, "Harmony."

Warm regards,

Brenda Dressler, PhD
President
Boca Raton Branch NLAPW.

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We have an exciting lineup of luncheons with amazing speakers for our 2026-2027 season at The Mariposa Restaurant in Neiman Marcus at Town Center Mall

- 11/19 Louis Tannazzo - Police Stories and high-profile security.
- 12/17 Melissa Pigott, PhD - Tribulations of a Trial Consultant
- 1/21 Paul Fitzgerald - Coral Reef Ecology
- 2/18 Jae French - Exploring the Capabilities of a Creative Mind
- 3/18 Renee Lee Rosenberg - Japanese Concepts to Promote Well-Being No Matter Your Age
- 4/15 Robert Rust, Phd - FEMALE RAIN Indigenous American Piano Music

Boca Raton NLAPW Women Art Show
February 8, 2027 - April 8, 2027
Delray Beach Public Library
Atlantic Ave., Delray Beach

Show theme: **HARMONY**

Reception: February 10, 2027

The reception will feature a combined art and letters program. Members can read their poetry, essays, and book excerpts that express the theme of harmony.

Artists will discuss their exhibited work.

All members of Boca Pen Women are invited to participate in the art/letters gallery show and reception. Gallery art may be offered for sale to the public.

In the August 2026 issue of *Atlantic Ave Magazine*, there was an informative article by Diane Feen about the Boca Branch of the National League of American Pen Women. There were blurbs about our Branch President, **Dr. Brenda Dressler**, **Elaine Bossik**, Treasurer, and **Carol White**, Editor -in-Chief.

Diane also wrote about the National Women's Book Association, and featured president, Angela Page. Both organizations have worked together on writing events. We are all very grateful to Diane for including us in this prestigious magazine. Here's the link to the article: <https://www.bocapenwomen.org/boca-pen-women-featured-in-atlantic-ave-magazine-2/>



Playwright **Carol White** was also featured on Page 20 with two guests at the Delray Beach Playhouse.

MEMBER NEWS

Always Connected
by
Marlene Klotz

When a daughter gets married
And moves far away,
Just the sound of her voice
Will brighten the day.
So thanks Mr. Bell
For inventing the phone -
It's a blessing for mothers
When children leave home.

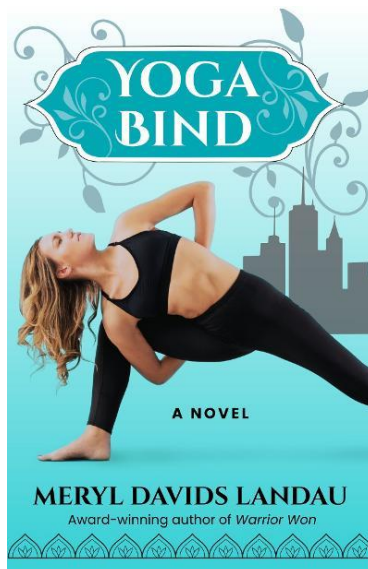
On Friday, August 7, Marlene Klotz participated in a musical program at Verena, the adult community in Delray Beach. Marlene began reading two of her poems, followed with singing, "Till There Was You," a popular romantic ballad of yesteryear for the residents to enjoy as a walk down memory lane.

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Jo Jo Harder's middle grade story "Queen Bess: Born to Fly," has been awarded 2nd place in the Sandra Seaton Michel Middle School Story Award, as seen in *The Pen Women* Summer 2026 edition (Page 8).

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Meryl Davids Landau's latest novel, *Yoga Bind*, was published in June. The novel, about a woman whose guru is accused of sexual assault, explores themes of forgiveness, friendship, rediscovering Jewish roots, and keeping your inner peace no matter what's going on. BookLife/Publishers Weekly calls it "a breezy enjoyment."



Thoughts for a Lifetime – The Journey of Life- A Musical

Today I wish to express thoughts on Life's journey looking through the lens of a musical composition that shares a striking parallel to human life. The introduction refers to childhood beginnings, which sets the mood and the tempo. The verse includes storytelling and the context of growing. It mirrors young adulthood, and the identity which begins to develop during it. The chorus is the central theme in which the mission and core values are expressions of who you are. The bridge includes a new chord and progression. It includes unexpected crises and pivotal changes forcing a shift in life perspectives. Hopefully it builds to anticipation of your story. The outro (coda) represents our legacy and resolution, a time to reflect, find closure and leave lasting impressions.

The anatomy of a composition offers deep insight into our journey. The core musical element of rhythm includes our routines, while harmony includes those people who support us.

To me, music is gratifying and emotional. Let us reflect on our life journey and create a composition that inspires.

Louise Parente, Phd

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Fran Steinmark is happy to share her work displayed in her new studio in Valencia Reserve.



Fran also shares her latest works: “At the end of the meal.” Acrylic, 30 x 24, and “Holding Onto Hope,” Acrylic on wood 48 x 16.



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Carol White joined a playwright panel on June 28, 2026, after the Delray Beach Playhouse Short Play Festival closed.



In the 2026 Biennial Letters Competition, Carol won Honorable Mentions from the Central New York Branch for her Essay, “The Stone,” and her Short Story, “A Fork in the Road.” (Page 8 and 9 from *The Pen Woman Magazine*, Summer issue.)

Carol’s short romance story, “Muffin Man,” was accepted by *Woman’s World Magazine* and will be included in an October issue.

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FLORIDA STATE AND NATIONAL NEWS!

“Your State Board is organizing another virtual art competition. That is something to get excited about! The date it will appear on our website is February 12, 2027. The call will go out probably in September 2026.

What makes this competition special is it will be open to all FSA members and the public. Best in Show is a \$1000 prize. (NOTE: No AI generated art will be accepted.)

In the “National News” there will be a writer's retreat offered at Pen Arts in the fall. Look to the back cover of your latest The Pen Woman Magazine for information.

A call letter for the 2026-2027 Vinnie Ream Competition is found on the inside back covers of the latest The Pen Woman Magazine. This is a wonderful opportunity for all members.

Please have a safe remainder of your summer. Those cooler temps are on the horizon!”

Janie Owens
NLAPW/FSA President
National 5th Vice President

SPOTLIGHT ON MEMBER PENELOPE LOVE

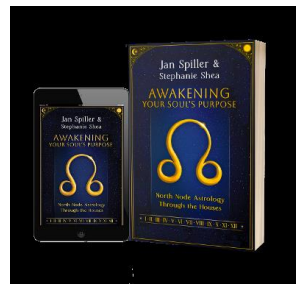
In 2021, Arts and Letters Member Penelope Love's Citrine Publishing was chosen to publish and carry forward the “final book” of eminent astrologer Jan Spiller, whose bestselling *Astrology for the Soul* (Bantam Books, 1997) has been published in 17 languages and has influenced generations of readers around the world.

On August 15, Citrine released *Awakening Your Soul's Purpose: North Node Astrology Through the Houses*, the long-awaited companion to Spiller's canonical work of modern astrology. In astrology, the North Node represents the direction of one's life purpose and creative destiny. While *Astrology for the Soul* explores the soul qualities and approaches through which each person can most effectively embrace their purpose, *Awakening Your Soul's Purpose* adds the missing dimension: the area of life in which that purpose is meant to unfold.

The new book is co-authored by Stephanie Shea, Jan Spiller's longtime writer and collaborator, who completed the manuscript Spiller began before her passing in 2016. For Citrine founder and publisher Penelope Love, the project has also become a deeply personal chapter in her own story. Penelope became a serious student of astrology in 2020 and earned her Master Certification in Evolutionary Astrology in 2024. Editing and publishing Spiller's legacy work has offered her a rare form of apprenticeship with a late, great astrologer—and helped her recognize that part of her own purpose as an independent publisher has been to bring the completion of Jan Spiller's extraordinary body of work to readers around the world.

At 508 pages, *Awakening Your Soul's Purpose* is an expansive exploration of soul purpose, accessible to newcomers to astrology as well as experienced practitioners. It is currently available on Amazon worldwide in paperback and Kindle editions, with distribution expanding to bookstores everywhere this month.

Penelope welcomes questions from fellow Pen Women at publisher@citrinepublishing.com. She is also available for private astrological consultations for those interested in exploring the themes of purpose and creative destiny in their own birth charts. She and Jan's co-author, Stephanie Shea, hope you enjoy discovering what this remarkable work may reveal about your soul's purpose.



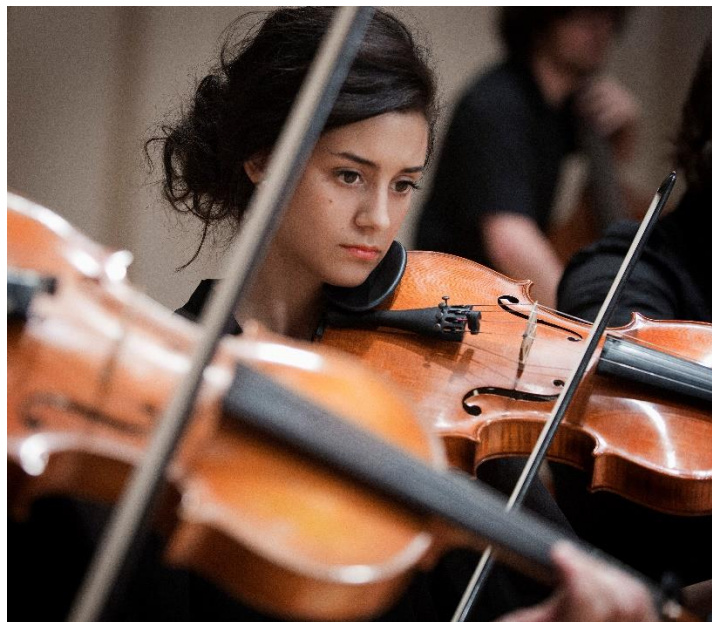
Be sure to check out the upcoming 2026-2027 **Vinnie Ream Competition!** Go to pages 20-21 of The Pen Woman Summer Magazine for submission details – Letters, Art, Music.

“Vinnie Ream is remembered as the first woman and then-youngest person to receive a federal art commission. After sculpting a bust of Abraham Lincoln, Congress awarded her a commission to create a memorial statue of the president. She later said, “[Lincoln] had been painted and modeled before, but when he learned that I was poor, he granted me the sittings for no other purpose than that I was a poor girl.” The sculpture of Lincoln stands in the rotunda of the U.S. Capitol today.” (Reprinted from Facebook)



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Thanks to Dr. Brenda Dressler who compiled the next two pages for free
Concerts at Lynn University



Date	Time	FREE CONCERTS- Register At <lynn.edu/events> Left side- click Conservatory of Music	Location 3601 N. Military Trail, Boca Raton 561 237 7000	Music pieces
2026				
Sept 6 Sun	3:00 pm	Annual Conservatory Alumni Concert	Amarnick- Goldstein Concert Hall	Trumpet, piano-Latin American music
Sept 19- Sat	7:30 pm	Wind Ensemble	Wold Performing Arts Center	Wind Symphony- music from four countries
Oct 11	1:00 pm	Lynn Concerto Competition Final Round	Amarnick- Goldstein Concert Hall	
Oct 12	6:00 pm	Guest artist, Michelle Cann	Amarnick- Goldstein Concert Hall	Piano
Nov 2- Mon	6:00 pm	Daniel Shapiro	Amarnick- Goldstein Concert Hall	All-Beethoven Recital
Nov 5- Thurs	12:00 pm	Concert of Gratitude	Wold Performing Arts Center	
Nov 6- Fri	1:30 pm		Amarnick- Goldstein Concert Hall	Lecture
Nov 6- Fri	7:30 pm		Snyder Sanctuary	Recital-lute
Nov 8	3:00 pm	Faculty Concert	Amarnick- Goldstein Concert Hall	Marc Reese
Nov 10- Tues	7:30 pm	Piano Concert	Snyder Sanctuary	solo pianist
Nov 11-Wed	7:30pm	Piano Concert	Amarnick- Goldstein Concert Hall	Piano chamber music

Nov 18	7:30pm	Lyria Completion Evaluation Round	Amarnick- Goldstein Concert Hall	chamber music
Jan 17, 2027	3:00pm	No Strings	Keith C& Elaine Wold Performance Center	Brass & Percussion- Departments
Jan 24- Sun	3:00pm	Piano Passion	Wold Performance Center	
Feb 14	3:00pm	Figueroa Diaz in Recital	Snyder Sanctuary	Violin & piano
Feb 21 – Feb 20	3:00pm 2:00pm	Secret Garden	Wold Performance Center	Lynn Drama College with Conservatory of Music
March 17	7:30pm	Roberta Rust in Concert	Snyder Sanctuary	Bach, Bax, Bartok, Debussy
March 21	3:00pm		Amarnick- Goldstein Concert Hall	Piano & violin
April 11	3:00pm	Woodwind Dept Recital	Amarnick- Goldstein Concert Hall	
April 17-Sat	7:30pm	Vocal: Visions	Snyder Sanctuary	Barber & Mahler
April 18-Sun	3:00pm	Chris Martin & Lisa Leonard in Recital	Amarnick- Goldstein Concert Hall	Trumpet & piano
April 25-Sun	3:00pm	Emerging Composers Concert	Amanick- Goldstein Concert Hall	Voices in classical art
May 2	3:00pm	Conservatory Class of 2027 in Concert	Amanick- Goldstein Concert Hall	Final serenade

Daily Holidays & Observances Calendar



2026	SUN	MON	TUES	WED	THURS	FRI	SAT
September	30 Great Egg Toss Day Read A Book Day National Pet Rock Day	31 Buy a Book Day Labor Day	1 American Chess Day World Letter Writing Day	2 Spalding Baseball Day	3 U.S. Bowling League Day Skyscraper Day	4 National Wildlife Day	5 National Cheese Pizza Day International Day of Charity National Hummingbird Day National Tailgating Day
	6 Great Egg Toss Day Read A Book Day National Pet Rock Day	7 Buy a Book Day Labor Day	8 International Literacy Day World Physical Therapy Day	9 National Teddy Bear Day International Sudoku Day NFL Season Starts	10 Swap Ideas Day	11 9/11 Remembrance Day	12 National Day of Encouragement National Video Games Day Positive Thinking Day World First Aid Day
	13 National Grandparents's Day	14 National Coloring Day	15 International Dot Day Make a Hat Day	16 National Collect Rocks Day National Play-Doh Day	17 Constitution Day National Table Shuffleboard Day	18 National Respect Day National Cheeseburger Day	19 International Talk Like a Pirate Day Boys and Girls Club Day for Kids National Dance Day National Gymnastics Day Astronomy Day
	20 National Care for Kids Day	21 World Gratitude Day Miniature Golf Day International Day of Peace World Alzheimer's Day	22 First Day of Fall Dear Diary Day National Ice Cream Cone Day	23 National Checkers Day	24 National Punctuation Day	25 Math Storytelling Day National Cooking Day National Bakery Day Native American Day National Doodle Day	26 National Better Breakfast Day National Bunny Day National Family Health and Fitness Day
	27 World Tourism Day	28 National Good Neighbor Day National Family Day	29 Broadway Musicals Day World Heart Day	30 International Podcasts Day The Time For Yoga	1	2	3
4	5	September 2026 Daily Holidays & Observances Calendar Refer to this calendar for inspiration and themed activity ideas for your program! Find ideas below and click the Daily Holidays link to find related items to support your activities.					

Carol White
FSA 2nd VP
Editor-in-Chief
Pen and Palette
Letters Chair
Social Media

<http://www.bocapenwomen.org>